

Wrapped

拍數: 32 牆數: 4 級數: Novice / Intermediate
編舞者: Kaie Seger (EST) - September 2014
音樂: Wrapped - Gloria Estefan



SIDE ROCK STEP, BEHIND-SIDE-CROSS, ¼ TURN, BACK STEP TOUCH (2x), STEP TOGETHER, WALKS FORWARD (2x)

- 1 RF rock to right side
- 2 LF recover
- 3 RF step behind LF
- & LF step to left side
- 4 RF step across LF
- & LF ¼ turn right step back (3:00)
- 5 RF touch toe forward
- & RF step back (travelling backward)
- 6 LF touch toe forward
- & LF step next to RF
- 7 RF step forward
- 8 LF step forward

LOCK STEP, SHUFFLE FORWARD, ½ PIVOT TURN, ¼ TURN SIDE SHUFFLE WITH SWAYS

- 1 RF lock step crossed behind LF
- 2 LF step forward
- & RF step next to LF (or lock step)
- 3 LF step forward
- 4 RF step forward
- 5 LF ½ turn left (9:00)
- 6 RF ¼ turn left step to right side (6:00)
- & LF step next to RF
- 7 RF step to right side with sway right
- 8 LF sway left (weight onto LF)

SAILOR STEP, SAILOR WITH ¼ TURN R, SIDE ROCK CROSS, POINT, STEP

- 1 RF step behind LF
- & LF step next to RF
- 2 RF step to right side
- 3 LF step behind RF
- & RF ¼ turn right with small step forward (9:00)
- 4 LF step forward
- 5 RF rock to right side
- & LF recover
- 6 RF step across LF
- 7 LF point toe to left side (sharp point with slightly bended right knee)
- 8 LF step forward

ROCKING CHAIR, ¼ PIVOT TURN WITH HIP ROLL, WEAVE, ¾ TURN

- 1 RF rock forward
- & LF recover
- 2 RF rock back
- & LF recover
- 3 RF step forward (start rolling hips from back to right)

- 4 LF ¼ turn to left (complete hips roll in the center) (6:00)
- 5 RF step across LF
- & LF step to left side
- 6 RF step behind LF
- & LF step to left side
- 7 RF step across LF
- 8 LF ¾ turn left (9:00)

NOTE – 2 DIFFERENT TAGS!

There are short 4-count TAGS after 3rd wall (facing 9:00) and 6th wall (facing 6:00):

- 1 RF rock to right side
- 2 LF recover
- & RF step next to LF
- 3 LF rock to left side
- 4 RF recover
- & LF step next to RF

There is 16-count TAG after 4th wall (facing 12:00):

- 1 RF rock to right side
- 2 LF recover
- 3 RF step behind LF
- & LF step to left side
- 4 RF step across LF
- 5 LF rock to left side
- 6 RF recover
- 7 LF step behind RF
- & RF step to right side
- 8 LF step across RF
- 9 RF step forward
- 10 LF lock step crossed behind RF
- 11 RF step forward
- & LF lock step crossed behind RF
- 12 RF step forward
- 13 LF rock forward
- 14 RF recover
- 15 LF step back
- & RF step back crossing LF in front
- 16 LF step back

DANCE & ENJOY :o)

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