

# Easy Does It

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Forty Arroyo (USA) - September 2014  
音樂: On My Own - Miley Cyrus



(A Hayloft Floor Split for Steve Lescarbeau's Intermediate dance – On My Own)

**\*\* Dedicated to to My Senior Guys & Dolls \*\***

Starts after 24 beats (lyrics)

**[1-8] □WALK, WALK, KICK BALL CHANGE, STEP, SWEEP, STEP, SWEEP**

1,2            Walk forward – R, L  
3&4           Low kick R forward, Step ball of R in place, Step L in place  
5,6            Step R in front of L, Sweep L from back to front  
7,8            Step L in front of R, Sweep R from back to front

**[9-16] □CROSS, STEP, CROSS, STEP, CROSS, STEP, SIDE, STOMP**

1,2            Traveling back L diagonal – Cross R over L, Step back on L  
3,4            Traveling back L diagonal – Cross R over L, Step back on L  
5,6            Cross R over L, Step back on L squaring off to 12 O'  
7,8            Step R to side (big step), Stomp L next to R (weight on L)

**RESTART HAPPENS HERE (after instrumentals) you will be starting the dance at 6 O' (WALL 6)**

**[17-24] □CHASSE', OUT, OUT, CHASSE', OUT, OUT**

1&2           Step R to side, Slide L next to R, Step R to side  
3,4            Step L slightly to left - pushing hips to side, Step R slightly to right – pushing hips to side  
5&6           Step L to side, Slide R next to R, Step L to side  
7,8            Step R slightly to right - pushing hips to side, Step L slightly to left – pushing hips to side

**[25-32] □WALK, WALK, STEP, PIVOT ½, STEP, TOUCH, STEP, TOUCH**

1,2            Walk forward, R L  
3,4            Step forward on R, Pivot ½ turn to left (weight on L)  
5,6            Step R to side - lean right, Touch L out to side  
7,8            Step L to side – lean left, Touch R out to side

**REPEAT**

Contact: [Forty.arroyo@gmail.com](mailto:Forty.arroyo@gmail.com)