

Let's Jive (Country Boy) (L/P)

COPPER KNOB
STEPPERS

拍數: 48

牆數: 1

級數: Upper Beginner - OR Contra / Partner



編舞者: Wanda Heldt (AUS) - February 2014

音樂: Country As a Boy Can Be - Brady Seals

Alt. music: Rattlesnakes Café by The Lennerockers

Have FUN and what suits your class - can use to most music or R&R music.

Split floor with Walk Alone by K.Sala & R.Hickie / Kick Up Your Heels by Linda Wolfe

If doing Contra.. Dancers stand shoulder-to-shoulder facing opposite direction [12 & 6] then each take one step back and hold each others Left hand...start dance, Have FUN.

S1. RIGHT SIDE SHUFFLE, ROCK BACK , RECOVER, 2 KICK BALL CHANGES

- 1&2 Side Shuffle to Right side R.L.R.
- 3-4 Rock back on Left, Recover on Right.
- 5&6 Kick Left forward, Left foot beside Right, Slight step forward on Right.
- 7&8 Kick Left forward, Left foot beside Right, Slight step forward on Right.

[Partners –Can do if so wish to each Hold L to L hand with slight bend of the elbows as you would in Jive-start dance]

S2. LEFT SIDE SHUFFLE, ROCK BACK , RECOVER, 2 KICK BALL CHANGES

- 1&2 Side Shuffle to Left side L.R.L.
- 3-4 Rock back on Right, Recover on Left.
- 5&6 Kick Right forward, Right foot beside left, Slight step forward on Left.
- 7&8 Kick Right forward, Right foot beside Left, Slight step forward on Left.

[Partner Contra - Can do if so wish -to Switch R to R hand with slight bend of elbows as you would in Jive]

S3. SHUFFLE 1/2 TURN LEFT, SHUFFLE 1/2 TURN RIGHT

- 1&2 1/2 turn Left Shuffle stepping R.L.R. [6:00]
- 3-4 Rock back on Left, Recover on Right.
- 5&6 1/2 turn Right Shuffle stepping L.R.L. [12:00]
- 7-8 Rock back on Right, Recover on Left.

Easy option: Shuffle fwd R.L.R, Kick, Shuffle back L.R.L. Rock back, Recover.

Contra.. Ladies does the shuffle turns ... while man shuffles forward.. [If dance in a circle then You will change Partner to your Left - cross and hold hands as you both do the shuffle turns.]

S4. REPEAT the above 8 counts of S.3

S5. KICK ACROSS, SIDE, TRIPLE, KICK FRONT, SIDE, TRIPLE

- 1-2 Kick Right across Left, Kick Right to Right side
- 3&4 Triple Step R.L.R
- 5-6 Kick Left across Right, Kick Left to Left side.
- 7&8 Triple L.R.L.

[Hands still cross – Kick across, side, Triple - Try not to kick each other - □]

S6. RIGHT 45, 1/2 TURN LEFT 45, RIGHT 45, 1/2 TURN LEFT 45

- 1-2 Right 45 [Touch Heel forward], Step on Right.
- 3-4 1/2 Turn Left on balls of Right with a Left 45, Step on Left. [6:00]
- 5-6 Right 45 [Touch Heel forward], Step on Right.
- 7-8 1/2 Turn Left on balls of Right with a Left 45, Step on Left. [12:00]

Easy Option: Do 45's on the spot.... No turns.

[The Lead lets go of partners Left hand while still holding partners Right hand and does the 45's, in place while partner does the 1/2 turns.

Restart dance... HAVE FUN IN LIFE & IN DANCE

To make it a

~2 Wall Line dance.. 5 S. R 45, turn a 1/4-L45, R 45, turn a 1/4 Left-L 45. [6:00]

~4 Wall Line dance.. 5 S R 45, turn a 1/4-Left L. 45 with and ct. 5-8 45's in place. [3:00]

Contact - Email: silverstarwa@gmail.com 0403 536 163

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