

Bang Bang

拍數: 32 牆數: 4 級數: High Improver
編舞者: K. Sholes (USA) - September 2014
音樂: Bang Bang - Jessie J, Ariana Grande & Nicki Minaj



Touch, Touch, Step, Cross, Step, Heel tap, Step, Touch

1-4 Touch R to side, Touch R next to L, Step R to side, Cross L over R.
5-8 Step R back, Tap L heel forward, Step on L, Touch R toe next to L.

Cross-touch, Side-touch, Cross-step, Side-step, Step, Heel tap, Step, Touch

1-4 Touch R across L, Touch R to side, Step R across L, Step on L.
5-8 Step R back, Tap L heel forward, Step on L, Touch R toe next to L.

Step, Heel-twist in, out, in X2

1-4 Step R forward, Twist L heel in, Twist L heel out, Twist L heel in.
5-8 Step L forward, Twist R heel in, Twist R heel out, Twist R heel in.

1/4 turn chasse, Rock, Recover, Chasse, Rock, Recover

1&2 3 4 1/4 Step R to left, Step L together, Step R to side, Rock L back, Recover R.
5&6 7 8 Step L to side, Step R together, Step L to side, Rock R back, Recover L.

*on wall #11 (6:00) there is a 4 count Tag before beginning the pattern again.

1-4 Bump hips RLRL

Begin Again! Enjoy!
