

To The Left

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Country Done Right (USA) - August 2014
音樂: Night That You'll Never Forget - Love and Theft : (Single)



Written to celebrate the opening of Blazing Saddles Saloon, Columbus Ohio – Here come the country girls!
They wanna dance all night!

Video Instruction Available at: LineLessons.com

(36 ct intro....dancing starts on “up”)

SIDE, BEHIND, SIDE ROCK, CROSS ROCK

1,2 Step left to left, Hold
3,4 Step right behind left, Hold
5,6 Rock left to left, Recover to right
7,8 Rock left across right, Recover to right (12:00)

SIDE, QUARTER TURN, KICK, TOGETHER, SIDE ROCK

1,2 Step left side, Hold
3,4 Turn ¼ right stepping right forward , Hold (3:00)
5,6 Tap or Kick left forward, Step left together
7,8 Rock right to right, Recover to left

TOUCH, STEP BACK, BACK ROCK, FORWARD ROCK

1,2 Touch/point right forward, Hold
3,4 Step right back, Hold
5,6 Rock left back, Recover to Right
7,8 Rock left forward, Recover to Right

LEFT-TOGETHER X2, LEFT, TOUCH, QUARTER TURN

1,2 Step left to left, Step right together
3,4 Step left to left, Step right together
5,6 Step left to left, Touch right together (bending knees and looking left before turn)
7,8 Turn ¼ right stepping right forward, Hold (6:00)

Four times during the song this eight count happens with the lyrics “To the left, to the left, to the left, to the right.” Have fun with it!

REPEAT

TAG FACING 12:00 after 4th wall during the first “oh-oh-oh” bridge: PUSH TURN TO RIGHT X4

1,2,3,4 Touch left to side, Turn ¼ right, pushing with left, leaving weight on right (3:00)
5,6,7,8 Touch left to side, Turn ¼ right, pushing with left, leaving weight on right (6:00)
9,10,11,12 Touch left to side, Turn ¼ right, pushing with left, leaving weight on right (9:00)
13,14,15,16 Touch left to side, Turn ¼ right, pushing with left, leaving weight on right (12:00)

This is a relatively slow turn and can be done double speed to turn twice, can have hip circles or waving arms added, or can be eliminated by substituting four side touch/step together, depending upon the interest of the dancer.

Contact: www.meetup.com/country-done-right

Last Update - 19th Sept 2014

