Enjoy Life



拍數: 32 編數: 4 級數: Low Intermediate

編舞者: Donna Manning (USA) - September 2014

音樂: Trailer Hitch - Kristian Bush



#8 count intro - 2 Tags after walls 1 & 2, Restart after 8 -wall 3

Sec.1 (1-8) □Step, Hitch, Step Touch, Step-Kick 3X, Back, Together

1,2,3,4 Step R Back, lean back as you hitch L, Step L fwrd, Touch R toe next to L heel (small lean

forward)

&5,&6,&7 Step R back, Kick L, Step L back, Kick R, Step R back, Kick L (keep kicks low OR use toe

touches in front)

88 Step L back, bring R to L taking weight [12:00]

RESTART Wall 3 on count 8 - Touch R next to L begin dance again

Sec.2 (9-16&) □ Out-Out, Hold, In –Cross, Turn, Side Rock, Recover, Cross, Weave, Heel

&1, 2, &3,4 Step L to L side, Step R to R side, Hold, Bring L to center, Cross R over L, 3/4 Turn on the

balls of both-□□□taking weight to L 3:00

5&6 Side Rock to R side, recover to L, Cross R over L

&7&8& L to L side, R behind L, L to L side, R heel to diagonal, bring R to center taking weight(angle

to 4:30) 3:00

Sec.3 (17-24) □½ Samba Box, Coaster Step

1a2, 3a4, Cross L over R, Step R to side, L behind R(1:30), Step R back(7:30), Step L to side(12:00),

Cross R over L

5a6, Step L towards L diagonal(10:30), Step R to R side making 1/8 turn L(9:00), Step L back

7&8 Step R back , bring L to R, Step R fwrd [9:00]

Sec.4(25-32) ☐ Step -Hitch 3X with L, Ball, Step-Hitch 3X with R

1,2 Step L fwrd, hitch L knee (scooting R fwrd) travel forward to 9:00&-3 Step L down, hitch L knee (scooting R fwrd) travel forward to 9:00

&-4& Step L down, hitch L knee (also scooting R fwrd) travel forward to 9:00, Step L down

5, 6&7&8 Repeat 1-4 using R to Step and R to hitch – scooting L fwrd towards 9:00

Count 8 has the R knee up ready to step back into beginning of the dance

After Wall 1: Tag - 2 counts - Step back R. L.

After Wall 2: Tag - 4 counts -Step R back, Touch L next to R, Step L fwrd, Touch R next to L

END OF DANCE!!! HAVE FUN!!!

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script.

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