

Cold Front

拍數: 48 牆數: 2 級數: Improver
編舞者: Mary Heal (UK) - August 2014
音樂: Cold Front - Laura Welsh : (iTunes)



Intro: 16 counts

Section 1: SKATES X 2, MAMBO ½ TURN RIGHT, ½ TURN RIGHT, STEP BACK, COASTER STEP.

1-2 Skate forward on Right, skate forward on Left
3 & 4 Step Forward on Right, recover on Left, step forward on Right making ½ turn Right (6.00)
5-6 Step back on Left making ½ turn Right, step back on Right(12.00)
7 & 8 step back on Left, step Right next to Left, step forward on Left

Section 2: □SIDE ROCK/RECOVER, WEAVE, SIDE ROCK/RECOVER, WEAVE, ¼ TURN RIGHT. □

1-2 Step Right to Right side, recover weight on to Left
3 & 4 Step Right foot behind Left, step Left to Left side, step Right over Left
5-6 Step Left to Left side, recover weight on to Right,
7 & 8 Step Left foot behind Right, step forward on Right making ¼ turn Right, step forward on Left
(3.00)

Section 3: CROSS, BACK, BACK SHUFFLE ON RIGHT DIAGONAL, ¼ TURN LEFT, ½ TURN LEFT, CHASSE ¼ TURN LEFT.

1-2 Cross Right over Left, step back on Left
3 & 4 Step back on Right, step Left next to Right, step back on Right (on Right diagonal facing
3.00)
5-6 Step forward on Left making ¼ turn Left, (12.00) step back on Right making ½ turn Left
(6.00)□[Turning Left]
7 & 8 Step Left to Left side, step Right next to Left, step forward on Left making ¼ turn Left (12.00)

Section 4: ROCK FORWARD/RECOVER, COASTER STEP, STEP ¼ PIVOT RIGHT, CROSS SHUFFLE□

1-2 Step forward on Right, recover weight back on to Left
3 & 4 Step back on Right, step Left next to Right, step forward on Right
5-6 Step forward on Left, pivot ¼ Right, (weight on Right foot) (3.00)
7 & 8 Step Left over Right, step Right to Right side, step Left over Right

Section 5:□(SIDE, TOUCH, SHUFFLE FORWARD ANGLED ON LEFT DIAGONAL) X 2□

1-2 Step Right to Right side, touch Left next to right,
3 & 4 Step forward on left, step Right next to Left, step forward on Left (angled to Left diagonal)
5-6 Step Right to Right side, touch Left next to right,
7&8 Step forward on left, step Right next to Left, step forward on Left (angled to Left diagonal)

Section 6: CROSS ROCK/RECOVER, SIDE ROCK/RECOVER, BEHIND, ¼ TURN LEFT, STEP 1/2 TURN LEFT, LONG STEP FORWARD□

1 & 2 & Cross Right over Left, recover weight on to Left, step Right to Right side, recover weight on
to Left
3-4 Step Right behind Left, step forward on to Left making ¼ turn Left (12.00)
5-6 Step forward on Right, step forward on Left making ½ turn Left, (6.00)
7-8 Long step forward on Right, step Left next to Right

START OVER AGAIN□

