

# Cold Front

拍數: 48      牆數: 2      級數: Improver  
編舞者: Mary Heal (UK) - August 2014  
音樂: Cold Front - Laura Welsh : (iTunes)



Intro: 16 counts

## Section 1: SKATES X 2, MAMBO ½ TURN RIGHT, ½ TURN RIGHT, STEP BACK, COASTER STEP.

1-2            Skate forward on Right, skate forward on Left  
3 & 4        Step Forward on Right, recover on Left, step forward on Right making ½ turn Right (6.00)  
5-6        Step back on Left making ½ turn Right, step back on Right(12.00)  
7 & 8        step back on Left, step Right next to Left, step forward on Left

## Section 2: □SIDE ROCK/RECOVER, WEAVE, SIDE ROCK/RECOVER, WEAVE, ¼ TURN RIGHT. □

1-2            Step Right to Right side, recover weight on to Left  
3 & 4        Step Right foot behind Left, step Left to Left side, step Right over Left  
5-6        Step Left to Left side, recover weight on to Right,  
7 & 8        Step Left foot behind Right, step forward on Right making ¼ turn Right, step forward on Left  
(3.00)

## Section 3: CROSS, BACK, BACK SHUFFLE ON RIGHT DIAGONAL, ¼ TURN LEFT, ½ TURN LEFT, CHASSE ¼ TURN LEFT.

1-2            Cross Right over Left, step back on Left  
3 & 4        Step back on Right, step Left next to Right, step back on Right (on Right diagonal facing  
3.00)  
5-6        Step forward on Left making ¼ turn Left, (12.00) step back on Right making ½ turn Left  
(6.00)□[Turning Left]  
7 & 8        Step Left to Left side, step Right next to Left, step forward on Left making ¼ turn Left (12.00)

## Section 4: ROCK FORWARD/RECOVER, COASTER STEP, STEP ¼ PIVOT RIGHT, CROSS SHUFFLE□

1-2            Step forward on Right, recover weight back on to Left  
3 & 4        Step back on Right, step Left next to Right, step forward on Right  
5-6        Step forward on Left, pivot ¼ Right, (weight on Right foot) (3.00)  
7 & 8        Step Left over Right, step Right to Right side, step Left over Right

## Section 5:□(SIDE, TOUCH, SHUFFLE FORWARD ANGLED ON LEFT DIAGONAL) X 2□

1-2            Step Right to Right side, touch Left next to right,  
3 & 4        Step forward on left, step Right next to Left, step forward on Left (angled to Left diagonal)  
5-6        Step Right to Right side, touch Left next to right,  
7&8        Step forward on left, step Right next to Left, step forward on Left (angled to Left diagonal)

## Section 6: CROSS ROCK/RECOVER, SIDE ROCK/RECOVER, BEHIND, ¼ TURN LEFT, STEP 1/2 TURN LEFT, LONG STEP FORWARD□

1 & 2 &      Cross Right over Left, recover weight on to Left, step Right to Right side, recover weight on  
to Left  
3-4        Step Right behind Left, step forward on to Left making ¼ turn Left (12.00)  
5-6        Step forward on Right, step forward on Left making ½ turn Left, (6.00)  
7-8        Long step forward on Right, step Left next to Right

START OVER AGAIN□

