

Her

拍數: 32 牆數: 4 級數: Improver
編舞者: So Young Park (KOR) - August 2014
音樂: Her - Block B



*The music beats are very fast, so all steps are jumping or running.

Intro : 48 count from the start (almost 19 seconds.)
There is 2 counts pose after 4th wall (facing 12:00)

[1-8] VINE STEP TO R, TOUCH, VINE STEP TO L, TOUCH

1-4 vine step to R, touch LF next to RF
5-8 vine step to L, touch RF next to LF

[1-8] JUMP FORWARD & BACKWARD TO R DIAGONAL, TURN 1/4 TO R AND REPEAT

1-2 jump forward to R diagonal
3-4 jump diagonally back and facing 3:00
5-6 jump forward to R diagonal
7-8 jump diagonally back and facing 3:00

[1-8] OUT, OUT, IN, IN X 3

1-2& step out RF to R, step out LF to L, and hold(&)
3-4 step back to center with RF and LF
5&6& step out RF to R, step out LF to L, step back to center with RF and LF
7&8& repeat 5&6&

[1-8] ROCK & RECOVER X2, JUMP OUT, JUMP IN, JUMP 1/4 TURN TO L X2

1-4 rock forward on RF, recover on LF, x2
5-6 jump both feet out, jump in
7-8 jump both feet together 1/4 turning to L, x2

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