

Exit

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Sue Smyth (UK) - August 2014
音樂: On Your Way Out - Gary Quinn



#16 Count Intro □

Sec 1: □ Stomp Right, Left, Bounce Heels Twice, 4 Elvis Knee Pops

- 1-2 Stomp Right Foot Fwd, Stomp Left Foot Fwd
- 3-4 Raise Both Heels Off The Ground, Replace Weight On Both Heels, Repeat Once More
- 5-8 Bring Right Knee In, As You Bring Left Knee In Replace Weight On Right, Repeat Again For Right And Left Knee, So 4 Knees In Total, (R L R L)

Sec 2: □ Grapevine Left With A Touch, Weave Right With A Cross

- 1-4 Step Left To Left Side, Step Right Behind Left, Step Left To Left Side, Touch Right Beside Left
- 5-8 Step Right To Right Side, Step Left Behind Right, Step To Right Side, Cross Left Infront Of Right

Sec 3: □ Monterey ¼ Turn Right, Kick Cross Back Side

- 1-4 Point Right To Right Side, Make ¼ Turn Right Step On Right, Point Left To Left Side, Step Left Beside Right
- 5-8 Kick Right Foot Fwd, Cross Right Over Left, Step Back On Left, Step Right Beside Left

Sec 4 □ Cross Point, Cross Point, Kick Cross Back Side

- 1-2 Cross Left Over Right, Point Right To Right Side
- 3-4 Cross Right Over Left, Point Left To Left Side
- 5-8 Kick Left Foot Fwd, Cross Left Over Right, Step Back On Right, Step Left Beside Right

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