

One Thing

拍數: 32 牆數: 4 級數: Improver
編舞者: Magi Gii (TW) - September 2014
音樂: One Thing - One Direction



Intro : 8 count

[1-8] Rock Fwd ,Recover,Close, Left Fwd, Pivot Turn L, Close, Fwd, Touch

1-2& Rock forward right. Recover on left ,close right beside left
3-4& Rock forward left. Recover on right. Close left beside right,
5-6& step right forward, pivot turn 1/2 left ,close right beside left (6.00)
7-8 Step forward on left, touch right next to left.

[9-16] Sway R Side, Recover, Close , 1/4 turn L, Drag,Touch,Side Dragx2

1-2 Rock right to right side. Recover on left.
&3 4 Step right beside left., Make ¼ left ,step left fwd, drag right next to left (3.00)
5-6 Step right to right side, drag left slightly next to right
7-8 Step left to left side, drag Right slightly next to Left

[17-24] Samba x2 , Full Turn Right

1&2 Cross R over L, rock L to L side, recover weight to R (&)
3&4 Cross L over R, rock R to R side, recover weight to L (&)
5-8 Make a full turn right stepping R-L-R-L

[25-32] Step/ flickx2, Rock Right, Recover,step back, heel twists R ,L

1-2 Step right fwd, Flick on left
3- 4 Step left fwd, Flick on right
5-6 Rock right Fwd , recover on left
7&8 Place right foot back, twist both heels R(&) twist heels back to centre with weight on L

Restart : Wall 5 after 16 count (3.00), wall 11 after 24 count (9.00)

Have Fun !

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