

Maps

拍數: 32 牆數: 2 級數: Intermediate Cha Cha
編舞者: Charles Alexander (SWE) - August 2014
音樂: Maps - Maroon 5 : (CD Single: Maps)



Intro: 32 count, approx. 16 sec – 120 bpm
Dance starts after 32 counts of main vocals.

[1 – 9] □ SIDE, ROCK & DIAGONAL EXTENDED LOCK STEPS, STEP, 5/8 TURN, LEFT SHUFFLE FORWARD

1-2& Step left to left side. Rock right behind left. Recover onto left.
3&4&5 Step forward right to right diagonal. Lock left. Step right forward. Lock left. Step right forward. [1:30]
6-7 Step forward left. Make 5/8 turn right shifting weight to right foot. [9:00]
8&1 Step forward left. Step right beside left. Step forward left.

[10 – 17] □ ROCK, RECOVER, COASTER FLICK, STEP, 1/2 TURN, FULL TURN, 1/4 TURN SIDE

2-3 Rock forward right. Recover onto left.
4&5 Step back right. Step left beside right. Step forward right while flicking left foot back.
6-7 Step forward left. Make 1/2 turn right shifting weight to right. [3:00]
8&1 Make 1/2 turn right stepping back left. Make 1/2 turn stepping forward right. Make 1/4 turn right stepping left to side. [6:00]

Easy option: Left chassé 1/4 turn right on counts 8&1.

Restart here during wall 2 and wall 10

[18 – 25] □ CLOSE, CHANGE, SIDE WITH SWEEP, CROSS, BACK, CLOSE, CROSS, SIDE, ROCK & SIDE

2&3 Step right beside left. Step down on left. Step right to right side while sweeping left from back to front.
4&5 Cross left over right. Step right diagonally back right. Step left beside right (angling body to 4:30).
6-7 Cross right over left. Step left to left side.
8&1 Rock right behind left. Recover onto left. Step right to right side.

Restart here during wall 6, with slight changes!

[26 – 32] □ CROSS, FULL UNWIND, RIGHT CHASSÉ, CROSS ROCK, 1/4 TURN, 1/2 TURN, (ADD 1/4 TURN)

2-3 Cross left over right. Unwind a full turn right keeping weight on left.
4&5 Step right to right side. Step left beside right. Step right to right side.
6-7 Cross rock left over right. Recover onto right.
8& Make 1/4 turn left stepping forward left. Make 1/2 turn left stepping back right.

(1) □ Add 1/4 turn left stepping left to left side. (This is the first step of the dance) [6:00]

Easy option: Left chassé on counts 8&1.

Restarts:

During walls 2 and 10 (facing 6:00) dance up to count 17, then Restart dance.

During wall 6 (facing 6:00), replace count 24 (rock behind) with a step behind left, add a low hitch with left (&), then Restart dance.

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Last Update - 1st Sept 2014