

Easy Tell Me Ma

拍數: 32 牆數: 4 級數: Improver
編舞者: Lesley Clark (SCO) - August 2014
音樂: Tell Me Ma - Sham Rock



Intro: 32 count intro start on MAIN vocals

SIDE SHUFFLE, ROCK, RECOVER, SIDE SHUFFLE, ROCK, RECOVER

1&2 Step right to right, step left next to right, step right to right side
3-4 Rock back on left, recover right
5&6 Step left to left side, step right next to left, step left to left side
7-8 Rock back on right, recover left

SHUFFLE FORWARD RIGHT & LEFT, STOMP RIGHT & LEFT, HEEL SWIVELS

1&2 Step forward on right, step left next to right, step forward on right
3&4 Step forward on left, step right next to left, step forward on left
5-6 Stomp right foot forward, stomp left foot forward
7&8& Bring right heel into centre, step back in place, bring left heel into centre, step back in place

SHUFFLE BACK RIGHT & LEFT, STOMP RIGHT & LEFT, HEEL SWIVELS

1&2 Step back right, step left next to right, step back right
3&4 Step back left, step right next to left, step back left
5-6 Stomp forward right, stomp forward left
7&8& Bring right heel into centre, step back in place, bring left heel into centre, step back in place

KICK-BALL 1/8 TURN LEFT X2, JAZZBOX CROSS

1&2 Kick right foot forward, bring back in place as you turn an 1/8 to the left, step forward on left
3&4 Kick right foot forward, bring back in place as you turn an 1/8 to the left, step forward on left
5-6 Cross step right over left, step back on left
7-8 Step right to right side, cross step left over right

Start Again.....Happy Dancing.....
