Long Ago



拍數: 32

牆數: 4

級數: Upper Beginner

編舞者: June Hulcombe (AUS) & Barb Willshire (AUS) - August 2014

音樂: The Old Account - Derek Ryan : (Album: Made Of Gold)



8 Count Introduction

CHARLESTON STEP, RUMBA FWD, SHUFFLE ¼ L,

- 1,2,3,4 Touch R toe fwd, step R back, touch L toe back, step L fwd, (charleston)
- 5&6 Step R to side, step L next to right, step R forward,
- 7&8 Step L to left side, step R next to left, turning 90o left step L fwd. * (9:00)

RUMBA FWD, FWD, RECOVER, ¼ LEFT, VAUDEVILLES X 2, TOG.

- 1&2 Step R to right side, step L next to right, step, step R forward,
- 3&4 Step L forward, rock back on to R, turning 90o left, step L to side, (6:00)
- 5&6& Step R across in front of left, step L to side, touch R heel 45o right, step R together,
- 7&8& Step L across in front of right, step R to side, touch L heel 450 left, step L together.

CROSS, RECOVER, SHUFFLE R, CROSS, RECOVER, SHUFFLE L

- 1,2 Step R across in front of left, rock back on to L,
- 3&4 Step R to side, step L next to right, step R to side, [side shuffle]
- 5,6 Step L across in front of right, rock back on to R,
- 7&8 Step L to side, step R next to left, step L to side. [side shuffle] (6:00)

ACROSS, SIDE, BEHIND, SIDE, CROSS, ROCK, RECOVER, ¼ COASTER

- 1,2 Step R across in front of left, step L to side,
- 3&4 Step R behind left, step L to side, step R across in front of left,
- 5 6 Step L to side, side rock on to R,
- 7&8 Turning 900 left step L back, step R together, step L forward. [coaster] (3:00)

[32] REPEAT IN NEW DIRECTION

RESTART; On wall 4 dance first 8 counts* and restart facing 9:00.

Unfortunately during wall 7 the music slows down until the end. Slow the pace slightly and continue into wall 8 until count 12. Should finish at front!!!

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