

Maniac (B)

拍數: 32 牆數: 4 級數: Beginner
編舞者: Laura Sway (UK) - August 2014
音樂: Maniac - Michael Sembello : (Album: American Anthems)



Count In: 24 secs - Notes: 1 Tag end of wall 5.

[1-8] Grapevine right, touch, step side together x2 bounces.

1234 Step R to R side, cross L behind R, step R to R side, touch L beside R.
5678 Step L to L Diagonal, Step R beside L, bounce both heels up and down twice.

[9-16] Right coaster step, Scuff Left , Left lock step forward, touch.

1234 Step back on the R, step L beside R, step forward on the R, scuff L foot forward
5678 Step forward on the L, lock R foot behind L, step forward on the L, touch R beside L.

[17-24] Right heel, step, Left heel, step, step Right pivot ¼ Left, Stomp , Clap.

1234 touch R heel forward, step on the R, touch L heel forward, step on the L
5678 Step R foot forward, pivot ¼ turn to the L, stomp R beside L, clap.

[25-32] Step right , kick, step left, kick, walk back x4.

1234 Step R to R side, Kick L forward, Step L to L side, kick R forward
5678 Walk back x4, R,L,R,L.

TAG: END OF WALL 5

[1-8] Step right, touch, step left touch, step right, touch, step left, touch.

1234 Step R to R side, touch L to R, Clapping hands above head to the R. Repeat to the L, with hands above head to left.
5678 Repeat counts 1-4 but the next 2 claps are low. (to the right then left)

Contact: laura.bates97@yahoo.co.uk