

I've Been Loving You

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Intermediate / Advanced waltz
編舞者: Jo Kinser (UK) & John Kinser (UK) - July 2014
音樂: I've Been Loving You Too Long - Seal : (iTunes)



Intro: 1,2,3, I've been Loving You (0:2), start on the word "Loving".

[1-6] □ Fwd Rt, Hold Hold, Walk back quickly Lt Rt Lt

1-3 Step on Rt a large step fwd Rt collecting Lt towards Rt, Hold for counts 2,3
4-6 Step back quickly Lt, Rt, Lt

[7-12] □ Step Rt Back, Hold Hold, Lt Twinkle Step

1-3 Step on Rt a large step back Rt collecting Lt towards to Rt, Hold for counts 2,3
4-6 Step Lt to Lt, Collect Rt next to Lt instep, Step Lt across Rt

[13-18] □ Step Rt dragging Lt, Rock Rock 1/4 Turn

1-3 Step Rt a large step to Rt, Drag Lt to Rt for counts 2,3
4-6 Rock Lt to Lt, Replace weight Rt, Make 1/4 turn Lt stepping Lt fwd (9:00)

[19-24] □ Fwd Rt dragging Lt, Fwd Coaster Step

1-3 Step on Rt a large step fwd Rt, Drag Lt to Rt for counts 2,3
4-6 Step Lt fwd, Step Rt next to Lt, Step Lt back

[25-30] □ Step Back Rt, Hold Hold, 1/4 Turn Twinkle Step

1-3 Step Rt a large step back starting to open upper body to the Rt, Hold for counts 2,3
4-6 Step Lt in place 1/4 turn Rt (12:00), Collect Rt next to Lt instep, Step Lt across Rt

[31-36] □ Lunge Rt, Sway Sway Hold

1-3 Press Rt a large step to the Rt as you start to lunge extending Rt arm out to Rt side
4-6 Sway Lt, Rt, Hold on count 6

[37-42] □ Full Turn Lt, Cross Back Together

1-3 Make 1/4 turn Lt stepping Lt fwd (9:00), Make 1/2 turn Lt stepping Rt back (3:00), Make 1/4
 turn Lt stepping Lt to Lt (12:00)
4-6 Step Rt across Lt, Step Lt back and slightly to Lt, Step Rt next to Lt and slightly back of Lt

[43-48] □ Cross, Turn 3/4, 1/2 Turn, Full Turn Spiral

1-3 Step Lt across Rt starting to prep to turn turn, Make 1/4 Rt stepping Rt fwd (3:00), □ Make
 1/2 turn Rt stepping Lt back (9:00)
4 Make 1/2 turn Rt stepping Rt fwd (3:00),
5,6 Step Lt fwd making a full turn Spiral over the Rt shoulder (using 2 counts)

Easy option: Instead of making the full turn spiral, Step Lt fwd and Hold for 1 count.

Tag: On Wall 3 facing (9:00) you have an 8 count tag. Take your Rt Arm fwd, up and down over 8 counts.

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