

A Good Man

拍數: 32 牆數: 4 級數: Beginner NC
編舞者: Doumé Esposito (CAN) - August 2014
音樂: Next to Me - Emeli Sandé



Intro : 16 counts

[1-8] □ Kick & point (twice), Walk, walk, Mambo forward

1&2 Kick RF forward, put down RF beside LF, Point LF left side
3&4 Kick LF forward, put down LF beside RF, Point RF right side
5-6 Walk RF, Walk LF
7&8 Mambo Forward: RF forward, weight ends on LF, RF beside LF

[9-16] □ Mambo back, mambo forward, back, back, Coaster Step

1&2 Mambo Back: LF back, weight ends on RF, LF beside RF
3&4 Mambo Forward: RF forward, weight ends on LF, RF beside LF
5-6 LF back, RF back
7&8 Coaster Step: LF back, RF beside LF, LF forward

[17-24] □ Shuffle (twice), pivot ¼ turn, Step, Step, Step

1&2 Shuffle forward: RF, LF, RF
3&4 Shuffle forward : LF, RF, LF
5-6 Pivot ¼ turn left: RF forward, ¼ turn left with weight ends on LF
7&8 3 small steps forward: RF, LF, RF

[25-32] □ Chassé left, Cross Shuffle, Large Step left, Slide, point, touch, point

1&2 Chassé Side Left (LF, RF, LF)
3&4 Cross Shuffle Side Left (RF cross over LF, LF side left, RF cross over LF)
5-6 Large Step LF left side, Slide RF to LF.
7&8 Point RF right side, Touch RF beside LF, Point RF right side.

Convention: RF= Right foot LF= Left foot

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