

Roar

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Wendy Loh (MY) - June 2014
音樂: Roar - Katy Perry



Dance starts immediately after 8 counts

Section 1 : Walk R L, R Ball Step, 1/4L Step, 1/4R Step, Left Mambo, Right Mambo

12 Step RF forward, Step LF forward
&3 Step forward on ball of your RF, Turn ¼ L by crossing LF over RF bend both knees slightly,
4 Turn ¼ R by stepping forward on RF
5&6 Rock LF to side, Recover on RF, Step LF together
7&8 Rock RF to side, Recover on LF, Touch RF beside LF (12:00)

Section 2 : R Coaster, L Forward Shuffle, R Step, 1/2L Pivot, R Forward, Full Turn, L Forward

1&2 Step RF back, Step LF together, Step RF forward
3&4 Step LF forward, Lock RF behind LF, Step LF forward
5&6 Step RF forward, 1/2L Pivot weight on LF, Step RF forward (6:00)
7&8 Turn 1/2R & Step LF back, Turn 1/2R & Step RF forward, Step LF forward (6:00)

Section 3 : Stomp Steps – RLRR, LLLL

12 Step RF to side, Step LF to side
34 Stomp RF twice
56 Step LF to side, Step RF to side
78 Stomp LF twice (6:00)

Section 4 : R Rock Forward, Recover, R Ball Step, L Cross, 1/2R Unwind, Behind Side Cross, L Side Chasse, Together

12 Rock RF forward, Recover on LF
&34 Step on ball of RF beside LF, Cross LF over RF, Unwind 1/2R Turn weight on LF (12:00)
5&6 Step RF behind LF, Step LF to side, Cross RF over LF
7&8& Step LF to side, Step RF together, Step LF to side, Step RF beside LF (12:00)

Section 5 : L Cross, R Side, Jump, Walk R L, Jump, R Step, Touch Diagonal x2, 1/4R R Step, Touch, Touch Out , Touch In

1&2 Cross LF over RF, Step RF to side, Jump with both feet together
3&4 Step RF forward, Step LF forward, Jump with both feet
5& Step RF diagonally back towards R, Touch LF together
6& Step LF diagonally back towards L, Touch RF together
7& Turn 1/4R & Step RF to side, Touch LF beside RF (3:00)
8& Touch LF to side, Touch LF beside RF

Section 6 : L Side Chasse, Together, L Cross Shuffle, R Syncopated Rocking Chair, R Step, 1/2L Pivot, R Forward

1&2& Step LF to side, Step RF together, Step LF to side, Step RF together (3:00)
3&4 Cross LF over RF, Step RF behind LF, Cross LF over RF
5&6& Rock RF forward, Recover on LF, Rock RF back, Recover on RF
7&8 Step RF forward, 1/2L Pivot with weight on LF, Step RF forward (9:00)

Section 7 : L Touch forward & Body Roll, Chest Pop twice, L Forward Shuffle, R Forward Mambo

12 Touch LF forward & do a forward body roll over 2 counts (9:00)
3&4& Do chest pop twice starting with pushing chest Out, In, Out, In
5&6 Step LF forward, Lock RF behind LF, Step LF forward

7&8 Rock RF forward, Recover on LF, Step RF back

Section 8 : L Back Shuffle, R Back Mambo, 1/4L Forward Shuffle, R Cross, L full turn unwind

1&2 Step LF back, Lock RF in front LF, Step LF back (9:00)

3&4 Rock RF back, Recover on LF, Step RF forward

5&6 Turn 1/4L & Step LF forward, Lock RF behind LF, Step LF forward (6:00)

78 Cross RF over LF, Full turn unwind to left side

Tag #1 (4 counts) -Turn 1/4L & sway body LRL, Touch

At Wall 2 (6:00), dance 48 counts (6x8's), you will end facing 3:00, do tag

1-3 Turn 1/4L & Step LF to side & sway body L, R, L (12:00)

4 Touch RF beside LF

Tag #2 (4 counts) – Walk back 4 steps

At Wall 5 (12:00), dance for 8 counts, do 2nd tag, the restart dance.

12 Step RF back, Step LF back

34 Repeat Steps 1-2

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