

Rockin' Rollin' & Linedancin'

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Denise Smith (AUS) - August 2014
音樂: The Time of Their Life - Heartbeat : (Album: Once In A Lifetime. -
www.heartbeatduo.com.au)



Begins on Lyrics - No Tags or Restarts

PIVOT ½ LEFT, STEP, HOLD, PIVOT ½ RIGHT, STEP, HOLD

1-4 Step R forward, Pivot ½, L, Step R forward, Hold
5-6 Step L forward, pivot ½ R, Step L forward, Hold

FORWARD, TOUCH, FORWARD, TOUCH, BACK, TOUCH, BACK, TOUCH

1-4 Step R forward diagonally, Touch L beside R, Step L forward diagonally, Touch R beside L
5-8 Step R back diagonally, Touch L beside R, Step L back diagonally, Touch R beside L

FORWARD, SIDE, SAILOR, FORWARD, SIDE SAILOR

1-2 Kick R forward, Kick R to the right
3&4 Step R behind L, Step L beside R, Step R beside L
5-6 Kick L forward, kick L to the left
7&8 Step L behind R, Step R beside L, Step L beside R

ROCK, RECOVER, SHUFFLE ¼, ACROSS, BACK, SHUFFLE LEFT

1-2 Rock R forward, Recover on L
3&4 Step R stepping ¼ right, Step L beside R, Step R to the right
5-6 Step L over R, Step R back
7&8 Step L to the left, Step R beside L, Step L to the left

[32]□REPEAT

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