

Baby Can Dance (Beginner)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Beginner - swing
編舞者: Annegret Dominguez (FR) - August 2014
音樂: Baby Can Dance - Carsie Blanton



Choreography inspired by « Baby Can Dance » by Katja & Ali

[1-8] □ KICK R FORWARD, ROCK BACK L, STEP L FORWARD

1-2 Kick R forward, step back R,
3&4 Rock back L, step L forward,
5-6 Kick R forward, step back R,
7&8 Rock back L, step L forward

[9-16] □ R ½ TURN 2x, MESS AROUND, HOLD

1-2 Step R forward, pivot L ½ turn,
3-4 Step R forward, pivot L ½ turn,
5&6&7 Bounce both heels while drawing a « hula hoop » circle with hips (counter clockwise),
8 Hold

[17-24] □ R SIDE CROSS OVER, KNEE SLAPS, L SIDE CROSS OVER, KNEE SLAPS

1&2 Rock side R, cross R over L,
&3 Lift L knee with slap L hand, touch L heel diagonal fwd,
&4 Lift L knee with slap L hand, touch L heel diagonal fwd,
5&6 Rock side L, cross L over R,
&7 Lift R knee with slap R hand, touch R heel diagonal fwd,
&8& Lift R knee with slap R hand, touch R heel diagonal fwd, Lift R knee with slap R hand,

[25-32] □ JAZZ BOX R ½ TURN, RUN BACKWARD, LIFT R KNEE L ARM, HOLD

1-2 Cross R over L, turn ¼ right stepping back L,
3-4 Turn ¼ right stepping R to right, step L next to R,
5&6& Run back R L R L
7 Lift R knee, while you lift it slap your thigh with right hand, straighten your right arm along your body and lift your left arm to the sky

(The crisper you make this movement and the clearer the hold that follows, the better it will look)

8 Hold

The last wall ends back to the first. Add on the slow ending of the music:

R cross over L, unwind ½ turn to the left to finish on same wall as you started the dance and gloriously lift your arms!

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