

# Back at Mama's

COPPERKNOB  
STEPPSHEETS

拍數: 32      牆數: 4      級數: Improver / Intermediate  
編舞者: Michel Platje (NL) & Anita Zwiens (NL) - August 2014  
音樂: Meanwhile back at Mama's by Tim McGraw and Faith Hill



Restart: 4th wall after 20 counts and 8th wall after 4 counts.

## Scissor steps, $\frac{3}{4}$ turn shuffle

1            RF step to right side  
&  
2            LF step next to RF  
3            RF cross over LF  
&  
4            LF step to left side  
&  
5            RF step next to LF  
6            LF cross over RF  
7            RF step  $\frac{1}{4}$  turn back (face 21.00)  
&  
8            LF step  $\frac{1}{2}$  turn left face(15.00)  
9            RF step forward  
&  
10           LF step behind RF  
11           RF step forward (15.00)

## Triple $\frac{1}{2}$ turn, Lockstep $\frac{1}{2}$ turn, coasterstep, touch

1            LF Step forward  $\frac{1}{2}$  turn right (21.00)  
&  
2            RF step to LF  
3            LF step forward (21.00)  
&  
4            RF step  $\frac{1}{4}$  left  
&  
5            LF step  $\frac{1}{4}$  left over RF  
6            RF step Backwards (15.00)  
7            LF step backwards  
&  
8            RF step next to LF  
9            LF step forward  
10           RF touch to right side  $\frac{1}{4}$  turn (12.00)  
11           RF touch to right side  $\frac{1}{4}$  turn (21.00)

## Sailorstep, Sailorstep $\frac{1}{2}$ turn, touch forward, Heel touch

1            RF step back diagonal behind LF  
&  
2            LF step to left side  
3            RF step forward  
&  
4            LF step behind RF  $\frac{1}{2}$  left  
&  
5            RF step to right side  
6            LF step forward (15.00)  
7            RF touch toe forward  
&  
8            RF recover weight  
9            LF touch toe forward  
&  
10           LF recover weight  
11           RF touch heel forward  
12           &  
13           RF recover weight  
14           LF touch behind RF

## Shuffle, full turn pivot twice

1            LF Step forward  
&  
2            RF step next to LF  
3            LF step forward

- 3 RF step backward  $\frac{1}{2}$  left(21.00)
- 4 LF step forward  $\frac{1}{2}$  turn left (15.00)
- 5 RF step forward  $\frac{1}{2}$  turn left
- 6 LF take weight
- 7 RF step forward  $\frac{1}{2}$  turn left
- 8 LF take weight (15.00)

**Last update - 18th Sept 2014**

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