

# Back at Mama's

COPPERKNOB  
STEPPSHEETS

拍數: 32      牆數: 4      級數: Improver / Intermediate  
編舞者: Michel Platje (NL) & Anita Zwiens (NL) - August 2014  
音樂: Meanwhile back at Mama's by Tim McGraw and Faith Hill



Restart: 4th wall after 20 counts and 8th wall after 4 counts.

## Scissor steps, $\frac{3}{4}$ turn shuffle

1            RF step to right side  
&            LF step next to RF  
2            RF cross over LF  
3            LF step to left side  
&            RF step next to LF  
4            LF cross over RF  
5            RF step  $\frac{1}{4}$  turn back (face 21.00)  
6            LF step  $\frac{1}{2}$  turn left face(15.00)  
7            RF step forward  
&            LF step behind RF  
8            RF step forward (15.00)

## Triple $\frac{1}{2}$ turn, Lockstep $\frac{1}{2}$ turn, coasterstep, touch

1            LF Step forward  $\frac{1}{2}$  turn right (21.00)  
&            RF step to LF  
2            LF step forward (21.00)  
3            RF step  $\frac{1}{4}$  left  
&            LF step  $\frac{1}{4}$  left over RF  
4            RF step Backwards (15.00)  
5            LF step backwards  
&            RF step next to LF  
6            LF step forward  
7            RF touch to right side  $\frac{1}{4}$  turn (12.00)  
8            RF touch to right side  $\frac{1}{4}$  turn (21.00)

## Sailorstep, Sailorstep $\frac{1}{2}$ turn, touch forward, Heel touch

1            RF step back diagonal behind LF  
&            LF step to left side  
2            RF step forward  
3            LF step behind RF  $\frac{1}{2}$  left  
&            RF step to right side  
4            LF step forward (15.00)  
5            RF touch toe forward  
&            RF recover weight  
6            LF touch toe forward  
&            LF recover weight  
7            RF touch heel forward  
&            RF recover weight  
8            LF touch behind RF

## Shuffle, full turn pivot twice

1            LF Step forward  
&            RF step next to LF  
2            LF step forward

- 3 RF step backward  $\frac{1}{2}$  left(21.00)
- 4 LF step forward  $\frac{1}{2}$  turn left (15.00)
- 5 RF step forward  $\frac{1}{2}$  turn left
- 6 LF take weight
- 7 RF step forward  $\frac{1}{2}$  turn left
- 8 LF take weight (15.00)

**Last update - 18th Sept 2014**

**Contact: [info@michelplatje.nl](mailto:info@michelplatje.nl)**

---