

Cajun Two-step

COPPER KNOB
STEPSHEETS

拍數: 24 牆數: 4 級數: Ultra Beginner
編舞者: Edith Bourbin & Russell Breslauer (USA) - August 2014
音樂: High-Point Cajun 2-Step
或: 2-Step-A-Will



Original Choreographer unknown: Presented by Edith Bourbin from observation at a Zydeco dance camp and adjusted by Russell Breslauer

Or Cajun Jamboree by Dave Sheriff or any Cajun (Zydeco) 2-step

1- 4& To the Right side: Step R Step L together Step R Touch L hold
5- 8& To the Left side: Step L Step R together Step L Touch R hold

9-12& Forward: RLR low kick the L hold
13-16& Back: LRL touch R toe behind hold

17-20& Jazz box (RLR) ¼ turn right on last R, Touch L hold
21-24& Jazz box (LRL) no turn Touch R, hold

Repeat to end of dance

Note: This dance was intended to be done outside in the heat so takes little energy. In the cool, it can be done with more vigor.

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