

The Best Part Of The Day

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Denise Smith (AUS) - August 2014
音樂: The Best Part of the Day - Derek Ryan : (Album: The Entertainer Live)



Starts on Lyrics - No tags, No restarts

HEELSTRUT, HEEL STRUT, COASTER, HOLD, TOE STRUT, TOE STRUT, COASTER, HOLD

1-2 Step R heel forward, Drop R toe, Step L heel forward, Drop L toe
3&4 Step R forward, Step L beside R, Step R back, Hold
5-6 Touch L toe back, Drop L heel, Touch R toe back, Drop R heel
7&8 Step L back, Step R beside L, Step L forward, Hold

CHARLESTONS X2

1-4 Touch R forward, Step R back, Touch L back, Step L forward
5-8 Touch R forward, Step R back, Touch L back, Step L forward

SIDE ROCK & ACROSS, HOLD, SIDE ROCK & ACROSS, HOLD, STOMP, PIVOT 1/8 L, HOLD, STOMP, PIVOT 1/8 L, HOLD

1&2 Rock R to the right & Step R across L
3&4 Rock L to the left & Step L across R
5-8 Stomp R to the right, Pivot 1/8 L, Stomp R to right, Pivot 1/8 L

ROCK, RECOVER, SHUFFLE ½, PIVOT ½, SHUFFLE FORWARD

1-2 Rock R forward, Recover on L
3&4 Step R forward stepping ½ right. Step L beside R, Step R forward
5-6 Step L forward, Pivot ½ right,
7&8 Step R forward, Step L beside R, Step R forward

[32]□REPEAT

Contact: denise.smith8@bigpond.com