

Bless The Broken Road

COPPER KNOB
STEPPERS

拍數: 36 牆數: 4 級數: Intermediate
編舞者: Amanda Bowden (AUS) - July 2014
音樂: Bless the Broken Road - Rascal Flatts : (Album: Feels Like Today)



Original Position: Feet Together Weight On The Left Foot.

This dance is done in TWO/FOUR directions. Introduction : 16 Beats

SWEEP, SWEEP-1/2 BACK-FORWARD, ACROSS-SIDE-1/4 FORWARD, FORWARD-1/2 BACK-1/2 FORWARD, 1/4 SIDE

1 Sweep To Step R Across In Front Of Left,
2 & Sweep To Step L Across In Front Of Right, Turn 180° Left Step R Back,
3 Step L Forward, (6.00)
4 & Step R Across In Front Of Left, Step L To The Side,
5 Turn 90° Right Step R Forward, (9.00)
6 & Step L Forward, Turn 180° Left Step R Back, (3.00)
7, 8 Turn 180° Left Step L Forward, Turn 90° Left Step R To The Side. (6.00)

SWEEP, SWEEP-1/4 FORWARD-FORWARD FULL HITCH, SHUFFLE FORWARD, QUICK PIVOT-FORWARD-FULL ROLL-FORWARD

1, 2 Sweep To Step L Behind Right, Sweep To Step R Behind Left,
& Turn 90° Left Step L Forward, (3.00)
3 Step R Forward Hitching L Knee Turn 360° Left, (3.00)
4 & 5 Shuffle Forward Step : L-R-L,
6 & Quick Pivot : Step R Forward, Turn 180° Left Take Weight Onto L, (9.00)
7 & Step R Forward, Turn 180° Right Step L Back, (3.00)
8 & Turn 180° Right Step R Forward, Step L Forward. (9.00) ##

FORWARD, ROCK-1/4 SIDE-ACROSS-1/4 BACK-1/2 FORWARD, QUICK PIVOT-QUICK PIVOT-COASTER FORWARD-HOOK

1, 2 & Step R Forward, Rock Back Onto L, Turn 90° Right Step R To The Side, (12)
3 & Step L Across In Front Of Right, Turn 90° Left Step R Back, (9.00)
4 Turn 180° Left Step L Forward, (3.00)
5 & Quick Pivot : Step R Forward, Turn 180° Left Take Weight Onto L, (9.00)
6 & Quick Pivot : Step R Forward, Turn 180° Left Take Weight Onto L, (3.00)
7 & 8 Coaster : Step R Forward, Step L Together, Step R Back,
& Hook L Heel Across In Front Of Right Shin.

FORWARD, ROCK-1/2 FORWARD-FORWARD-3/4 HITCH-SIDE SHUFFLE, HIP, FORWARD, ROCK-1/2 FORWARD

1, 2 & Step L Forward, Rock Back Onto R, Turn 180° Left Step L Forward, (9.00)
3 & Step R Forward, Hitch L Turning 270° Left, (12.00)
4 & 5 Side Shuffle To The Left Step : L-R-L,
6 Push Hips To The Right Dragging Left Towards Right,
7, 8 & Step L Forward, Rock Back Onto R, Turn 180° Left Step L Forward. (6.00) #

FORWARD, ROCK-1/2 FORWARD-QUICK PIVOT-FORWARD

1, 2 & Step R Forward, Rock Back Onto L, Turn 180° Right Step R Forward, (12)
3 & Quick Pivot : Step L Forward, Turn 180° Right Take Weight Onto R, (6.00)
4 Step L Forward Dragging Right Towards Left. **

[36] □ REPEAT THE DANCE IN NEW DIRECTION

TAG/RESTART 1 : On WALL 1 dance to BEAT 32 & (#) then ADD & RESTART dance FACING 6.00
1, 2 STEP R TO THE SIDE PUSH HIPS TO THE RIGHT, PUSH HIPS TO THE LEFT.

RESTART 2 : On WALL 3 dance to BEAT 16 & (##) then RESTART dance FACING 9.00

RESTART 3 : On WALL 4 dance to BEAT 32 & (#) then RESTART dance FACING 3.00

TAG : At the END (**) of WALL 5 (9.00) add the following tag

1, 2 & Step R Across In Front Of Left, Rock Onto L, Step R To The Side,
3 & 4 Step L Across In Front Of Right, Rock Onto R, Step L Together.

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