

Ugly Heart

拍數: 64 牆數: 2 級數: Advanced
編舞者: Chris Jackson (UK) - August 2014
音樂: Ugly Heart - G.R.L.



32-count intro start on vocals. Easy tags and restarts that can be clearly heard in the music.
Music not available until August 31 but can be preordered from iTunes and can be heard now on YouTube.

SECTION 1: CROSS ROCK, CHASSE A QUARTER, HALF, HALF, SHUFFLE LEFT

- 1,2,3&4 Cross rock right over left, recover on left, right to right side, left next to right, right to right side making a quarter turn to your right
- 5,6,7&8 Make a half turn right stepping back on left, make a half turn right stepping forward on right (alternative steps 5,6: step forward left, step forward right), step forward left, right next to left, step forward left (3.0)

SECTION 2: SKATE, SKATE, SHUFFLE RIGHT, CROSS, BACK, TURN, STEP, STEP

- 1,2,3&4 Step right diagonally forward right, step left diagonally forward left, step right diagonally forward right, left next to right, step right diagonally forward right
- 5,6&7,8 Cross left over right, step back on right straightening up to 3.0 wall, make a half turn left stepping forward on left, step forward on right, step forward left (9.0)

SECTION 3: HALF, HALF, FORWARD AND BACK AND PIVOT A QUARTER, KICK OUT-OUT

- 1,2,3&4& Make a half turn left stepping back on right, make a half turn left stepping forward on left (alternative steps 1,2: step forward right, step forward left), rock forward on right, recover on left, rock back on right, recover on left
- 5,6,7&8 Step forward right, pivot a quarter turn left, kick right forward, step right to right side, step left to left side (6.0)

SECTION 4: TOUCH, SIDE, BALL CROSS, QUARTER, SHUFFLE A HALF, PIVOT A QUARTER

- 1,2&3,4 Touch right next to left, step right to right side, left next to right, cross right over left, make a quarter turn right stepping back on left
- 5&6,7,8 Shuffle a half turn right over your right shoulder stepping right/left/right, step forward left, pivot a quarter turn right (alternative steps 4,5&6,7,8: 4, left to left side, 5&6 behind/side/cross, 7, rock left to left side, 8 recover right) (6.0)

Tag 1 and Restart 1 here Walls 2, 4 and 6

SECTION 5: CROSS ROCK AND CROSS ROCK, QUARTER, HALF, SHUFFLE A QUARTER

- 1,2&3,4 Cross rock left over right, recover on right, left to left side, cross right over left, recover on left
- 5,6,7&8 Make a quarter turn right stepping forward on right, make a half turn right stepping back on left, shuffle a quarter turn to your right stepping right/left/right (alternative steps 5,6,7&8: 5, right to right side, 6, left behind, 7&8, chasse right) (6.0)

SECTION 6: CROSS ROCK AND CROSS ROCK, QUARTER, STEP, TURN, CROSS

- 1,2&3,4 Cross rock left over right, recover on right, left to left side, cross right over left, recover on left
- 5,6,7,8 Make a quarter turn right stepping forward on right, step forward left, pivot a quarter turn right, cross left over right (12.0)

Restart 2 here Walls 2, 4 and 6

SECTION 7: SIDE, BEHIND AND HEEL AND CROSS, QUARTER, HEEL, BACK, HEEL AND WALK, WALK

- 1,2&3&4 Right to right side, left behind right, step slightly back on right, touch left heel forward, left next to right, cross right over left
- &5&6&7,8 Make a quarter turn right stepping back on left, touch right heel forward, step back on right, touch left heel forward, left next to right, step forward right, step forward left (3.0)

SECTION 8: SIDE, BEHIND AND HEEL AND CROSS, QUARTER, HEEL, BACK, HEEL AND WALK WALK

1,2&3&4 Right to right side, left behind right, step slightly back on right, touch left heel forward, left next to right, cross right over left

&5&6&7,8 Make a quarter turn right stepping back on left, touch right heel forward, step back on right, touch left heel forward, left next to right, step forward right, step forward left (6.0)

Tag 2 here Walls 5 and 6

Tags and Restarts

Tag 1: Walls 2, 4 and 6. Dance 32 then in Section 5 dance Steps 1,2&3,4 and add an extra &step stepping right to right side, then . . .

Restart 1: Restart from Section 5 Step 1.

Restart 2: Dance up to Section 6 Step 8 and change the `cross left over right' to `step left next to right'. Then Restart from beginning.

Tag 2: Add a four-count Tag at the end of the wall - jazz box with a step - `1,2,3,4 - cross, back, side, step'.

Run

Wall 1 - as script.

Wall 2 - Tag 1 and Restarts 1 and 2.

Wall 3 - as script.

Wall 4 - Tag 1 and Restarts 1 and 2 (same as Wall 2).

Wall 5 - Tag 2.

Wall 6 - Tag 1, Restart 1 and Tag 2.

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