

# My Autumn Rose

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Rene & Reg Mileham (UK) - July 2014  
音樂: Autumn Rose - Rick Trevino : (CD: Whole Town Blue)



**Intro: 16 count - 87 bpm - Style: Country**

**For a faster beat try:- I'm In A Hurry (And Don't Know Why) - Alabama: For The Record, Cd.  
\*32 count intro. - Download from amazon and iTunes**

## **Section 1: Weave, sweep, behind, side, cross, point**

1 – 2      Cross Right over Left, step Left to side  
3 – 4      Cross Right behind Left, sweep Left out and behind Right  
5 – 6      Step Left behind Right, step Right to side  
7 – 8      Cross Left over Right, point Right to side

## **Section 2: Travelling forward Cross, point x2. Shuffle back x 2**

1 - 2      Cross Right over Left, point Left out to side  
3 – 4      Cross Left over Right, point Right out to side  
5 & 6      Right shuffle back  
7 & 8      Left shuffle back

## **Section 3: Toe strut, step back, together. Repeat with Left**

1 – 2      Right toe strut forward, drop heel  
3 – 4      Step Left back, step Right next to Left  
5 – 6      Left toe strut forward, drop heel  
7 – 8      Step Right back, step Left next to Right

## **Section 4: Toe strut, step back turning ¼ right, step forward. Shuffle forward, Sway, sway.**

1 – 2      Right toe strut forward, drop heel  
3 – 4      Step Left back, making ¼ turn right, step Right next to Left  
5 & 6      Left shuffle forward (weight on Left)  
7 – 8      Sway Right, sway Left

**Begin dance again - Nice easy rhythm – enjoy**

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