

Dance For Evermore

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Claire Bell (UK) & Pat Stott (UK) - August 2014
音樂: Dance for Evermore - Si Cranstoun : (Album: Modern life)



#16 Count intro

Section 1: □ R side chasse, back rock, recover, back rock, recover, R kick ball cross

1&2 Step right to right side, step left next to right, step right to right side
3-6 Rock back on left diagonal, recover weight on right, rock back on left diagonal, recover weight on right
7&8 Kick left forward, step left next to right, cross right over left

Section 2: □ L side chasse, back rock, recover, sweep, cross, back, side

1&2 Step left to left side, step right next to left, step left to left side
3-4 Rock back on right, recover weight on left
5-6 Sweep right from back round to front, cross right over left
7-8 Step back on left, step right to right side

Section 3: □ Ball Step, hold, ball step, touch, ¼ turn left, hold, ball step, brush

&1-2 Step left next to right, step right to right side, hold
&3-4 Step left next to right, step right to right side, touch left next to right
5-6 Step left to side, hold
&7-8 Step right next to left, step left to left side making ¼ turn left, brush right next to left

Section 4: □ Right jazz box, side rock, recover, back rock, recover

1-4 Cross right over left, step back on left, step right to right side, cross left over right
5-6 Rock right to right side, recover weight on left
7-8 Rock back on right, recover weight on left

****Restart on wall 3 (facing 6.0'clock)**

Section 5: □ Step pivot ½, shuffle, full turn, shuffle

1-2 Step forward on right, pivot ½ turn left
3&4 Step forward on right, step left next to right, step forward on right
5-6 Step back on left making ½ turn right, step forward on right making ½ turn right
(or walk forward left, walk forward right)
7&8 Step forward on left, step right next to left, step forward on left

Section 6: □ Forward rock, recover, toe strut sweep, toe strut sweep, back rock, recover

1-2 Rock forward on right, recover weight on left
3-4 Touch right toe back, step right heel down sweeping left from front round to back
5-6 Touch left toe back, step left heel down sweeping right from front round to back
7-8 Rock back on right, recover weight on left

Section 7: □ Right rocking chair, 1/4 paddle turn L, 1/4 paddle turn L

1-2 Rock forward on right, recover weight on left
3-4 Rock back on right, recover weight on
5-6 Step forward on right, recover on left making 1/4 turn left (hip rolls counter clockwise)
7-8 Step forward on right, recover on left making 1/4 turn left (hip rolls counter clockwise)

****Restart on wall 6 (facing 9.0'clock)**

Section 8: □ Heel grind 1/4 turn R, back rock, recover, heel grind 1/4 turn R, back rock, cross

- 1-2 Right heel forward toes turned in, turn toes to right making 1/4 turn right while stepping back on left
- 3-4 Rock back on right, recover weight on left
- 5-6 Right heel forward toes turned in, turn toes to right making 1/4 turn right while stepping back on left
- 7-8 Rock back on right, cross left over right

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