

Little Apple EZ

COPPER KNOB
STEPPERS

拍數: 176 牆數: 2 級數: Improver
編舞者: Winnie Yu (CAN) - August 2014
音樂: Little Apple - Chopstick Brothers



A-64, B-64, C-32 / Sequence: ABC, ABC, B, A-16 (sec.1 & 2)

Intro: 32 counts

Part A: 64 counts

Section 1: Chasse R, Cross Kick, Chasse L, Cross Kick

1-2-3-4 Step right to side, step left together, step right to side, cross kick left (1:00)

5-6-7-8 Step left to side, step right together, step left to side, cross kick right (11:00)

Section 2: Repeat Section: 1

Section 3: Walk Back: R-L-R, Hitch, Walk: L-R-L, Touch Tog

1-2-3-4 Walk right back, left & right, hitch left

*Hands movement: Rolling hands back when walking back.

5-6-7-8 Walk forward left, right, left, touch right together

*Hands movement: Rolling hands when walking forward.

Section 4: Repeat Section: 3

Section 5: (Side R, Cross Kick, Side L, Toe Behind) x 2

1-2-3-4 Step right side, cross kick left, step left side, touch right cross behind left

5-6-7-8 Repeat count 1 – 4

*Hands movement: Count 4 & 8 – pointing both index fingers downwards to the left & look L

Section 6: Rolling Vine Right, Claps, Rolling Vine Left, Claps

1-2-3-4 Rolling full turn right, touch left to left side with clap hands

5-6-7-8 Rolling full turn left, touch right to right side with clap hands

Section 7: Repeat Section: 5

Section 8: Out, Out, In, In, (V Shape) JumpsX4, Out-In-Out-In

1-2-3-4 Step right forward diag. right, step left forward diag. left, step right back to center, step left together

5-6-7-8 Jumps both feet apart, jumps both feet together, repeat count 5-6

Part B: 64 counts

Section 1: Side R, Touch Tog, Side L, Tog, Hands Movements

1-2-3-4 Step right side, touch left together, step left side, step right together

5-6-7-8 Hands movements: both hands make a 8 shape (5-6), both hands spread down out both side (7-8)

Section 2: Repeat Section: 1

Section 3: 1/4L Stomp Left in place x 3, Step Left, 1/2R Stomp Right in place x 3. Step Right

1-2-3-4 Make a 1/4L & stomp left x 3 (9:00), step left together & make 1/4R (12:00)

5-6-7-8 Make a 1/4R & stomp right x3 (3:00), step right together & make a 1/4L (12:00)

Option: Hands movements - refer video

Section 4: R Jazz Box in place x 2

- 1-2-3-4 Cross right over left, step left back, step right side, step left together
5-6-7-8 Cross right over left, step left back, step right side, step left together and bring both hands up

Section 5 – 6 - 7 - 8: Repeat Section: 1 - 2 – 3 - 4

Part C: 32 counts

Section 1: Sit on R & Bumps x 8

- 1-2-3-4 Sitting on right & bump hips with right hand index finger pointing up to diag. right, left hand put on waist
5-6-7-8 Repeat count 1 - 4

Section 2: Sit on L & Bumps x 8

- 1-2-3-4 Sitting on left & bump hips with left hand index finger pointing up to diag. left, right hand put on waist
5-6-7-8 Repeat count 1 – 4

Section 3: 1/2R Sit on R & Bumps x 8 (repeat section 1)

- 1-2-3-4 Make a 1/2R Sitting on right & bump hips with right hand index finger pointing up to diag. right, left hand put on waist (6:00)
5-6-7-8 Repeat count 1 – 4

Section 4: Repeat Section 2

Have fun & always dance with smile !

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