

Fun For All

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Ultra Beginner
編舞者: Sue Ann Ehmann (USA) - July 2014
音樂: Down In the Boondocks - Billy Joe Royal



This was written as a dance that could be done to lots of different songs – from oldies to current, country to pop.
It is especially for beginner dancers who are just learning but still want to dance when they hear fun music.
It can be done to all different tempos, from slower to faster.
Try it to your favorite tunes! Here are a few suggestions covering a variety of decades as well as music styles:

“California Dreamin” by The Mamas and the Papas □BPM: 113
“Shoo-Fly Pie and Apple Pan Dowdy” by Kim Keyes □BPM: 133
“Who Put the Bomp” by Barry Mann (or other artists)
“Let’s Dance” by Chris Montez □BPM: 153
“Happy” by Pharrell Williams □BPM: 160
“Boys Will Be Boys” by Paulina Rubio □BPM: 133
“Bottoms Up” by Brantley Gilbert □BPM: 85
“Blurred Lines” by Robin Thicke ft. Pharrell Williams □BPM: 120

[1-8] □SIDE STEP TOUCHES (4X)

1-4 Step right to side, touch left beside right, step left to side, touch right beside left
5-8 Step right to side, touch left beside right, step left to side, touch right beside left

[9-16] □VINE RIGHT, SCUFF, VINE LEFT 1/4 TURN, SCUFF

1-4 Step right to side, step left behind right, step right to side, scuff left
5-8 Step left to side, step right behind left, turning 1/4 left step left forward, scuff right(9:00)

[17-24] □ROCKING CHAIR (2X)

1-4 Rock right forward, recover left
3-4 Rock right back, recover left
5-6 Rock right forward, recover left
7-8 Rock right back, recover left

[25-32] □TOE STRUTS FORWARD (4X)

1-2 Touch right toe forward, drop right heel as you put weight onto right foot
3-4 Touch left toe forward, drop left heel as you put weight onto left foot
5-6 Touch right toe forward, drop right heel as you put weight onto right foot
7-8 Touch left toe forward, drop left heel as you put weight onto left foot

BEGIN AGAIN!

Choreographer Information: Sue Ann Ehmann, Patrick Springs, VA, USA saehmann@centurylink.net