

Makita

拍數: 32 牆數: 4 級數: Improver
編舞者: Kate Sala (UK) & Robbie McGowan Hickie (UK) - August 2014
音樂: Just One Time - Jamie O'Neal : (CD: Eternal - iTunes & amazon.co.uk)



16 Count intro (Script written as 98 bpm)

2 x Walks Forward. Right Lock Step Forward. Left Mambo Forward. 2 x Sweeps Back.

1 – 2 Walk forward on Right. Walk forward on Left.
3&4 Step forward on Right. Lock step Left behind Right. Step forward on Right.
5&6 Rock forward on Left. Rock back on Right. Step back on Left.
7 – 8 Sweep Right out and around stepping back on Right. Sweep Left out and around stepping back on Left.

Right Shuffle 1/2 Turn Right. Step. Pivot 1/2 Turn Right. Forward Rock & Point. Behind & Cross.

1&2 Right shuffle making 1/2 turn Right stepping Right. Left. Right. (Facing 6 o'clock)
3 – 4 Step forward on Left. Pivot 1/2 turn Right.
5&6 Rock forward on Left. Rock back on Right. Point Left toe out to Left side.
7&8 Cross Left behind Right. Step Right to Right side. Cross step Left over Right. (Facing 12 o'clock)

Side Step Right. Together. Chasse Right. Left Cross Rock & Side. Right Cross Rock & 1/4 Turn Right.

1 – 2 Step Right to Right side. Close Left beside Right.
3&4 Step Right to Right side. Close Left beside Right. Step Right to Right side.

Ending – See Below

5&6 Cross rock Left over Right. Rock back on Right. Step Left to Left side.
7&8 Cross rock Right over Left. Rock back on Left. Make 1/4 turn Right stepping forward on Right.

Forward Rock. Left Shuffle 1/2 Turn Left. Right Shuffle 1/2 Turn Left. Left Coaster Step.

1 – 2 Rock forward on Left. Rock back on Right. (Facing 3 o'clock)
3&4 Left shuffle making 1/2 turn Left stepping Left. Right. Left.
5&6 Right shuffle making 1/2 turn Left stepping Right. Left. Right.
7&8 Step back on Left. Step Right beside Left. Step forward on Left. (Facing 3 o'clock)

Start Again

Ending: Dance ends During Wall 8 ... Dance to Count 20 – Replacing the Chasse Right with Chasse 1/4 Turn Right to End Facing 12 o'clock