

# My Moment

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Improver  
編舞者: Shaz Walton (UK) - August 2014  
音樂: Live My Life (feat. Justin Bieber) - Far East Movement



## Count on...48 Counts...on...'This Beat'

### Step. Touch. Step. Touch. Step. Touch behind. Step together.

1-2            Step side right. Cross touch left over right.  
3-4            Step side left. Cross touch right over left.  
5-6            Step side right. Touch left behind right.  
7-8            Step side left. Step right beside left.

(When touching behind or in front, bend you knees!!) (Optional)

### Swivel x4. Rock back. Recover. Walk. Step ¼ pivot turn

1-4            Swivels heels to right. Swivel toes to right. Swivel heels to right. Swivel heels to left. (Weight left)  
5-6            Rock back on right. Recover on left.  
7-8            Step forward right. Make ¼ turn left.

### Cross. Point. Touch. Side. Jazz box ¼

1-2            Cross step right over left. Point left to left side.  
3-4            Touch left beside right. Step left to left side.  
5-6            Cross step right over left. Step back on left.  
7-8            Make ¼ turn right stepping right to right side. Step forward left.

### Rock recover. Shuffle ½. Step pivot ½. Shuffle forward.

1-2            Rock forward on right. Recover on left.  
3&4            Make a shuffle ½ turn right stepping R-L-R  
5-6            Step forward left. Make ½ turn right.  
7&8            shuffle forward stepping L-R-L

### Ball step. Body roll. Back. Back. Bounce x3 making ½ turn.

&1            Step right beside left. Step left forward (This is the start of the body roll)  
2-4            Body roll forward forward over 3 counts. (Weight Right)  
&5            Step back left. Step back right.  
6-8            Make ½ turn right , bouncing (dropping heels) over 3 counts. (Weight left)

### Step back. Touch. Step back. Touch. Coaster step. Full turn (or 2 walks)

1-2            Step back on right. Touch left across right.  
3-4            Step back on left. Touch right across left.  
5&6            Step back right. Step left beside right. Step forward right.  
7-8            Make ½ turn right stepping back left. Make ½ turn right stepping forward right.

Tag/Restart point. See below

### Rock/hips x4. Ball step. Hold. Back. Step. Forward. Step ¼.

1-2            Step forward left and rock forward. Rock back on right.  
3-4            Rock forward left. Recover on right  
(Counts 1-4 roll your hips in a figure of 8 motion & sway shoulders)  
&5-6            Step left beside right. Step right back. HOLD  
&7-8            step left beside right. Step forward right. Pivot ¼ turn left.

### Cross. Side behind side cross. Side rock. Recover. Behind ¼ step.

- 1-2 Cross right over left. Step left to left side.  
3&4 Cross step left behind right. Step left to left side. Cross step right behind left.  
5-6 Side rock left to left. Recover on right.  
7&8 Cross step left behind right, make  $\frac{1}{4}$  turn right stepping right forward. Step forward left.

**Tag/Restart 3rd Wall after 48 counts but.... do the following. ....**

- 7-8& Make  $\frac{1}{2}$  turn right stepping back left. Make  $\frac{1}{2}$  turn right stepping forward right. Step left beside right.
-