

Kansas

拍數: 32 牆數: 4 級數: Beginner
編舞者: Bev Ollerenshaw - August 2014
音樂: Kansas City - Wilbert Harrison : (Album: 50s Greatest Rock N Roll - iTunes)



*16 Count Intro

(1 – 8) □ R Shuffle Forward, Rock Forward L, Strut Back L R □

- 1 & 2 Step forward on right, step left next to right, step forward on right (12.00)
- 3 – 4 Rock forward on left, recover weight onto right
- 5 – 6 Touch left toes back, drop left heel
- 7 – 8 Touch right toes back, drop right heel

(9 – 16) □ Rock Back L, Walk Forward L R, Shuffle Forward, ¼ Pivot L □

- 1 – 2 Rock back on left, recover weight onto right
- 3 – 4 Step forward on left, step forward on right

Option: Counts 3 – 4 above:

Make ½ turn right stepping back on left, make ½ turn right stepping forward on right

- 5 & 6 Step forward on left, step right next to left, step forward on left
- 7 – 8 Step forward on right, pivot ¼ turn left (9.00)

RESTART ON WALL 4 & 6 (both facing 6.00)

(17 – 24) □ R Cross Step, ½ R Hinge Turn, L Cross Step, R Vine □

- 1 – 4 Cross step right over left, turning ¼ right step left back, turning ¼ right step right side, cross step left over right (3.00)
- 5 – 8 Step right to right side, cross left behind right, step right to right side, touch left next to right

(25 – 32) L Side, Heel and Toe Swivels, Step Touch, Step Touch □

- 1 – 4 Step left to left side, Swivel right foot towards left heel-toe-heel
- & 5 – 6 Step right to right, touch left next to right, hold
- & 7 – 8 Step left to left, touch right next to left, hold

(1 – 32) Tag – end of Wall 3 □

Shuffle R, Rock Back L, Shuffle L, Rock Back R □

- 1 & 2 Step to right side on right, step left next to right, step to right side on right
- 3 – 4 Rock back on left, recover weight onto right
- 5 & 6 Step to left side on left, step right next to left, step to left side on left
- 7 – 8 Rock back on right, recover weight onto left

Walk Forward R and Hold, Walk Forward L and Hold, ½ Pivot L, Walk R, Walk L □

- 1 – 4 Step forward on right, hold, step forward on left, hold
- 5 – 8 Step forward on right, ½ pivot left, step forward right, step forward left

Repeat Tag steps 1 – 16

Contact: bev_o@telus.net