

Soul Pilot (let your pain be my sorrow)

COPPER KNOB
BY STEPSHEETS

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Rep Ghazali (SCO) - August 2014
音樂: Let Your Soul Be Your Pilot (Metro Mix) - Jonathan Pierce : (iTunes)



48 count intro start just after the vocals

[01-08] R SIDE ROCK-RECOVER, R CROSS SHUFFLE, L SIDE ROCK-RECOVER, L CROSS SHUFFLE

1-2 rock Right to Right side, recover on Left
3&4 cross Right over Left, step Left to Left side, cross Right over Left
5-6 rock Left to Left side, recover on Right
7&8 cross Left over Right, step Right to Right side, cross Left over Right

[09-16] R SIDE-L BEHIND, R ¼ SHUFFLE, STEP-½ PIVOT, L SHUFFLE FWD

1-2 step Right to Right side, step Left behind Right
3&4 step Right to Right side, step Left together, ¼ turn Right by stepping forward on Right (3)
5-6 step forward Left, ½ pivot turn Right (9)
7&8 step forward Left, step Right together, step forward Left

[17-24] FULL TURN L, R SHUFFLE FWD, L ROCK FWD-RECOVER, L SHUFFLE BACK

1-2 ½ turn Left by stepping back on Right, ½ turn Left by stepping forward on Left
3&4 step forward Right, step Left together, step forward Right
5-6 rock forward Left, recover on Right
7&8 step back Left, step Right together, step back Left (9)

[25-32] R ROCK BACK-RECOVER, R TRIPLE ½ TURN L, L ROCK BACK-RECOVER, L SHUFFLE FWD

1-2 rock back Right and look back, recover on Left and look forward
3&4 triple ½ turn Left by stepping Right-Left-Right on the spot (3)
5-6 rock back Left and look back, recover on Right and look forward
7&8 step back Left, step Right together, step forward Left (3)

Restarts: 2nd wall & 7th wall

[33-40] R FWD-¼ PIVOT, & L SIDE ROCK-RECOVER, L CROSS ROCK-RECOVER, L SIDE CHASSE

1-2 step Right forward, ¼ pivot turn Left (12)
&3-4 step Right together, rock Left to Left side, rock Right to Right side
5-6 cross rock Left over Right, recover on Right
7&8 step Left to Left side, step Right together, step Left to Left side

[41-48] VINE LEFT ¼ TURN, R STEP-½ PIVOT, R STEP-SWEEP L

1-2 cross Right over Left, step Left to Left side
3-4 step Right behind Left, ¼ turn Left by stepping forward on Left (9)
5-6 step forward Right, ½ pivot turn Left (3)
7-8 step forward Right, sweep Left from back to front

[49-56] L CROSS-R BACK, L BACK-R SWEEP, R CROSS-L BACK, R TOGETHER-L FWD

1-2 cross Left over Right, step back Right
3-4 step back Left, sweep Right from back to front
5-6 cross Right over Left, step back Left
7-8 step Right together, step forward Left

[57-64] R SHUFFLE FWD, STEP-½ PIVOT, L TRIPLE ½ TURN, R ROCK BACK-RECOVER

1&2 step forward Right, step Left together, step forward Right
3-4 step forward Left, ½ pivot turn Right (9)

5&6 triple ½ turn Right by stepping Left-Right-Left on the spot (3)
7-8 rock back Right, recover on Left (3)

RESTARTS:

2nd wall & 7th wall – dance up to count 32 and restart facing 6 o'clock wall & 9 o'clock wall

TAG: At the end of 5th wall add 4 count tag (Right forward rocking chair) and restart facing 3 o'clock wall
