

Crazy Weekend

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: BM Leong (MY) - August 2014
音樂: Fengkuang de zhoumo by Frances Yip



Start the dance after 16 counts.

FORWARD TOE STRUTS X 2, STEP, LOCK, STEP, SCUFF

1-2 Touch right toes forward, step right heel down
3-4 Touch left toes forward, step left heel down
5-6 Step R forward, lock L behind right heel
7-8 Step R forward, scuff L forward

FORWARD MAMBO, HOLD, TRIPLE 3/4 TURN RIGHT, TOGETHER

1-2 Step L forward, recover onto R
3-4 Step L together, hold
5-6 Turning 1/4 right step R forward, step L together
7-8 Turning 1/2 right step R forward, step L together

RIGHT SIDE MAMBO, HOLD, LEFT SIDE MAMBO, HOLD

1-2 Step R to right side, recover onto L
3-4 Step R together, hold
5-6 Step L to left side, recover onto R
7-8 Step L together, hold

SIDE, HAND ACTIONS, RECOVER, HIP SWAYS

1-3 Step R to right side raising left heel and do two small counter-clockwise circles with right hand
4 Recover weight onto L
5-8 Sway hips RLRL raising hands along the sides of body.

Restart during wall 6 after 16 counts.

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