

# Pull Me Back

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Brandon Zahorsky (USA) - August 2014  
音樂: Pull Me Back - Leah Turner : (iTunes)



## [1-8] WIZARD STEP R, WIZARD STEP L, PIVOT ½ TURN, SHUFFLE FORWARD

1-2&      Step R forward, lock L behind R, step R forward  
3-4&      Step L forward, lock R behind L, step L forward  
5-6      Step R forward, pivot ½ turn over L shoulder (6:00)  
7&8      Shuffle forward (R,L,R)

## [9-16] FULL TURN, SHUFFLE FORWARD, PIVOT ¼ TURN, CROSSING SHUFFLE

1-2      Step back ½ turn over R shoulder, Step forward ½ turn over R shoulder on R (6:00)  
3&4      Shuffle forward (L,R,L)  
5-6      Step R forward, Pivot ¼ turn over L shoulder (3:00)  
7&8      Cross R over L, Step L to side, cross R over L

**(Restart happens here on the 2nd wall, Add An "&" Count To Step Down On L Foot To Side After Count 8 To Put Yourself Back On The L Foot To Start Your Dance Again On R Facing 9:00)**

## [17-24] STEP SIDE, ¼ SIDE, ¼ SIDE, ¼ SIDE, CROSS ROCK, SHUFFLE SIDE

1-2      Step L to side, Step back on R ¼ turn over R shoulder on R to side (6:00)  
3-4      Step forward ¼ turn over R shoulder on L to side, Step back ¼ turn over R shoulder on R to side (12:00)

**(This is a box step, you will hit every corner of the box)**

5-6      Cross L over R, recover R  
7&8      Shuffle side (L,R,L)

## [25-32] ROCK, RECOVER, SHUFFLE ¼, PIVOT ½ TURN, SHUFFLE FORWARD

1-2      Rock R over L, recover on L  
3&4      Shuffle forward ¼ turn over R shoulder (R,L,R) (3:00)  
5-6      Step L forward, pivot ½ turn over R shoulder (9:00)  
7&8      Shuffle forward (L,R,L)

## [33-40] MAMBO FORWARD, MAMBO BACK, ½ TURN PIVOT, WALK, WALK

1&2      Rock R forward, recover on L, step R next to L  
3&4      Rock L back, recover on R, Step L next to R  
5-6      Step R forward, Pivot ½ turn over L shoulder (3:00)  
7-8      Walk forward R,L

## [41-48] SHUFFLE FORWARD, ½ TURN PIVOT, SHUFFLE FORWARD, WALK, WALK

1&2      Shuffle forward (R,L,R)  
3-4      Step L forward, pivot ½ turn over R shoulder (9:00)  
5&6      Shuffle forward (L,R,L)  
7-8      Walk forward R,L

**(Restart happens here on the 4th wall facing 12:00)**

## [49-56] SCISSOR, SICISSOR, ¼ TURN, ¼ TURN, SHUFFLE FORWARD

1&2      Rock R to side, recover L, Cross R over L  
3&4&      Rock L to side, recover R, Cross L over R  
5-6      Step back ¼ turn over L shoulder, Step Forward ¼ turn over L shoulder on L(3:00)  
7&8      Shuffle forward (R,L,R)

## [57-64] ROCK, RECOVER, COASTER STEP, ¾ TURN UNWIND

1-2 Rock L forward, recover R  
3&4 Step L back, Step R next to L, Step L forward  
5-8 Cross R over L, Unwind  $\frac{3}{4}$  over L shoulder (weight ends on L foot)(6:00)  
**(Optional: cross your arms across your chest as you make the  $\frac{3}{4}$  turn unwind)**

**RESTARTS:-**

**On Your 2nd Wall, Dance 16 Counts And Add A "&" Count To Put Yourself On The Correct Foot To Start Dance Facing 9:00.**

**Second Restart Happens On 4th Wall, Dance 48 Counts And Restart Dance Facing 12:00.**

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**Last Update - 13th Sept 2014**

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