Unlock Your Heart



編舞者: Ross Brown (ENG) - July 2014

音樂: Dreamgirl - Bouke: (CD: Dreamgirl - Single)



Intro: □32 Counts (Approx. 16 Secs)

TAP HEEL TWICE. BEHIND, SIDE, CROSS. X2.

1 – 2	Tap right heel next to left heel, tap right heel forward to right diagonal.
3 & 4	Cross step right behind left, step left to the left, cross step right over left.
5 – 6	Tap left heel next to right heel, tap left heel forward to left diagonal.

7 & 8 Cross step left behind right, step right to the right, cross step left over right. (12 O'CLOCK)

KICK BALL CROSS. SIDE, CLAP HANDS. ELVIS KNEES with 1/4 TURN L.

1 & 2 Kick right foot forward to right diagonal, step right next to left, cross step left over right.

3 & 4 Step right to the right, clap hands twice.

5-6-7 Pop left knee in, pop right knee in, pop left knee in.

8 Make a ¼ turn left turning left knee out. (Weight ends on left) (9 O'CLOCK)

Optional :□On Count 8, you could also add a FLICK BACK with your right foot.

STEP. FORWARD COASTER 1/4 TURN L. WALK BACK. COASTER 1/4 TURN L. STEP.

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1	Step forward with right.

2 & 3 Step forward with left, make a ¼ turn left stepping right next to left, step back with left.

4 – 5 Walk back; right, left.

6 & 7 Step back with right, make a ¼ turn left stepping left next to right, step forward with right.

8 Step forward with left. (3 O'CLOCK)

ROCK FORWARD. SHUFFLE ½ TURN R. STEP, TOGETHER ½ TURN R. CROSS SHUFFLE.

1-2 Rock forward with right, recover onto left.

3 & 4 Shuffle a ½ turn right stepping; right, left, right.

5 – 6 Step forward with left, make a ½ turn right stepping right next to left.

7 & 8 Cross step left over right, close right up to left, cross step left over right. (3 O'CLOCK)

END OF DANCE!

Alternative (Fast) Track: Kick Up Your Heels by Jessica Mauboy feat. Pitbull. If dancing to this song, you will need to add a 2 Count "Strike A Pose" Tag at the end of Wall 10 (facing Back Wall).