The Midnight Special



拍數: 32 牆數: 4 級數: Beginner

編舞者: Mary Ann Nicolaus - June 2014

音樂: The Midnight Special - Creedence Clearwater Revival: (Album: Midnight Special

- Chronicle, Vol 2)



Begin on the word "special" after the 4 drum beats. - Weight starts on Left

[1 - 8] HEEL STRUTS (RLR), ROCK RECOVER

| 3 - 4 | L heel on floor, snap L toe to floor (weight L) |
|-------|---|
| 5 - 6 | R heel on floor, snap R toe to floor (weight R) |
| 7 - 8 | Rock L forward, Recover weight to R (12:00) |

[9 - 16] BACK, SWEEP X 3, ROCK BACK RECOVER

| 1 – 2 | Step L back, Sweep R behind L |
|-------|-------------------------------|
| 3 – 4 | Step R back, Sweep L behind R |
| 5 – 6 | Step L back, Sweep R behind L |

7 – 8 Rock R Back, Recover weight to $L\square(12:00)$

[17 - 24] SHUFFLE FORWARD, SIDE ROCK RECOVER X 2

| 1&2 | Shuffle R-L-R |
|-----|---------------|
| | |

3 - 4 Rock L to left side, recover weight to R

5&6 Shuffle L-R-L

7-8 Rock R to right side, recover weight to $L\square(12:00)$

[25-32] 1/4 TURN (R) JAZZ SQUARE, POINT STEPS

| 1 | -2 | Cross | R | over L. | Stan | hack | on I | |
|-----|------------|-------|----------|---------|------|------|------|--|
| - 1 | – Z | U1055 | Γ | OVEL L. | SIED | Dack | UIIL | |

3 – 4 Step R ¼ turn right, Cross L in front of R

5 – 6 Point R to right side, Cross R slightly in front of L (put weight on R)

7 – 8 Point L to left side, Cross L slightly in front of R (put weight on L) (3:00)

BEGIN AGAIN and HAVE FUN!

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