

Rock'n Roll

拍數: 32 牆數: 4 級數: Beginner
編舞者: Maria Maag (DK) - August 2014
音樂: Rock'n'Roll Is Here To Stay - Stage Sound Unlimited : (Album: Essential musicals
- Grease - iTunes)



Intro: □48 counts from first beat. Note: NO TAGS NO RESTARTS

[1 – 8] □ Step diagonally fw. R, touch L, step back L, kick R, behind ¼ L step, hold □

1-2 Step R diagonally fw. R (1), touch L behind R (2) □12:00
3-4 Step back L (3), kick R diagonally fw. R (4) □12:00
5-6 Cross R behind L (5), turn ¼ L stepping down L (6) □09:00
7-8 Step fw. R (7), hold (8) □09:00

[9 – 16] □ Lockstep fw. L, hold, rocking chair R □

1-2 Step fw. L (1), lock R behind L (2) □09:00
3-4 Step fw. L (3), hold (4) □09:00
5-6 Rock fw. R (5), recover L (6) □09:00
7-8 Rock back R (7), recover L (8) □09:00

[17 – 24] □ Step ¼ L, cross, hold, vine L, hold □

1-2 Step fw. R (1), turn ¼ L stepping down L (2) □06:00
3-4 Cross R over L (3), hold (4) □06:00
5-6 Step L to L side (5), cross R behind L (6) □06:00
7-8 Step L to L side (7), hold (8) □06:00

[25 – 32] □ Touch R next to L, step R to side, touch L next to R, turn ¼ L step L to side, touch R in, point R to side, touch R in, hold □

1-2 Touch R next to L (1), step R to R side (2) □06:00
3-4 Touch L next to R (3), Turn ¼ L step L to L side (4) □03:00
5-6 Touch R next to L (5), point R to R side (6) □03:00
7-8 Touch R next to L (7), hold (8) □03:00

Have fun and enjoy...:-)

Ending: □ After wall 11 (facing 9:00) clap your hands on the last hold count in the dance (count 32 on wall 11) then turn ¼ R stomp fw. R (1) Ta daa....The End

Contact: Maria.maag.dk@gmail.com