

# Crank It Up

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Larry Bass (USA) - August 2014  
音樂: Crank It Up - Colt Ford



There is a Restart after 16 counts on wall 4. Restart the dance on the (3:00) wall.  
Tag:4 count on the (6:00) wall after the 9th repetition.

## KICK-OUT-OUT, HIP ROLL, BUMP LEFT; HIP WITH ¼ TURN BUMP FORWARD, FORWARD TRIPLE STEP

1&2      Kick Right forward, Step Right to right side, Touch Left to left side keeping weight on Right  
3-4      Push hips forward & around counter clockwise; Bumping hips left  
5-6      Push hips forward & around clockwise; Turn 1/4 turn right while bumping hips forward□(3:00)  
&7&8      Push hips back onto Left, Triple step forward Right, Left, Right

## HIP WALK, ½ TURN, HIP WALK; ROLLING FORWARD ¾ TURN; CROSSOVER TRIPLE STEP

1&2      Step Left forward bumping hips forward, back, forward  
&      Turn ½ turn right on ball of Left□(9:00)  
3&4      Step Right forward bumping hips forward, back, forward  
5      Rolling forward, turn ½ turn right & step Left back (3:00)  
6      Turn ¼ turn right & step Right to right (6:00)  
7&8      Step Left across Right, Step Right to right, Step Left across Right

(Restart here on 4th wall)

## STEP RIGHT, ROCK RECOVER, STEP LEFT; SAILOR STEP, SAILOR STEP ¼ TURN

1      Step Right to right  
2-3      Rock Left back; Recover forward onto Right  
4      Step Left to left  
5&6      Sailor step Right, Left, Right  
7&8      Step Left behind Right, Turn ¼ turn left & step Right to right, Step Left to left□(3:00)

## TWO PIVOT ½ TURNS; ROLL FORWARD; & STEP & STEP

1-2      Step Right forward; Pivot ½ turn left onto Left□(9:00)  
3-4      Step Right forward; Pivot ½ turn left onto Left □(3:00)  
5      Rolling forward, turn ½ turn left & step Right back□(9:00)  
6      Turn ½ turn left & step Left forward (3:00)  
&7      Step Right slightly forward, Step Left beside Right  
&8      Step Right slightly forward, Step Left beside Right

Start Over□□

## Tag: ROCK FORWARD; ROCK BACK

1-2      Rock Right forward; Recover back onto Left  
3-4      Rock Right back; Recover forward onto Left

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