

Shake That Bass

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Felicia Harris Jones (USA) - April 2014
音樂: All About That Bass - Meghan Trainor



Alt. Music: The Shake by Neal McCoy

*Dance was originally choreographed for The Shake.

Shuffle side, Back rock, Shuffle side, Back rock, ¼ turn

1&2 Step left to side, right next to left, left to side
3,4 Rock back on the right, recover to the left
5&6 Step right to side, left next to right, right to side
7,8 Rock back on the left making a ¼ turn to the left, recover to the right (9:00)

Shuffle forward, Pivot half turn x2

1&2 Shuffle forward left, right, left
3,4 Step forward on right, ½ turn left (weight on left) (3:00)
5&6 Shuffle forward right, left, right
7&8 Step forward on left, ½ turn right (weight on right) (9:00)

Grapevine Left, touch, Grapevine right, ¼ turn, Brush

1,2,3,4 Step left to side, right behind left, step left to side, touch right next to left
5,6,7,8 Step right to side, left behind right, right ¼ turn, brush left forward (12:00)

Hip Bumps forward, Hip bumps Back, Hip rolls ¼ turn

1&2 step forward on left while bumping left hip forward twice
3&4 bump right hip back twice
5,6,7,8 ¼ turn right rolling hips (weight ends on right) (3:00)

REPEAT! (No Tags, No Restarts)

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