

Prayer

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Marianne Langagne (FR) - July 2014
音樂: Prayer In C - Lilly Wood & The Prick & Robin Schulz : (iTunes)



Intro : 48 counts (Start on the lyrics)

Restart : On 7th Wall after 16 counts

STEP FWD, HOLD, & TRIPLE FWD, PIVOT R.½ TURN, STEP FWD, PIVOT L.½ TURN

1-2 R.F FWD, HOLD
&3&4 Together (&), R.F FWD & together, R.F FWD
5-6 L.F FWD, R. ½ turn (6h)
7-8 L.F FWD, L.½ turn ... R.F back (weight on R.) (12h)

L. ¼ TURN, HOLD, & CHASSE L., ROCK BACK, FULL TURN

1-2 L. ¼ TURN ... L.F to the L., Hold□(9h)
&3&4 Together (&), L.F to the L. & together, L.F to the L.
5-6 R.F Behind, recover
7-8 L. ½ turn ... R.F Back, L. ½ turn ... L.F FWD

Restart on 7th wall (3h)

STOMP, HOLD, SAILOR STEP, SAILOR STEP, & CROSS & CROSS

1-2 R.F to the R., Hold
3&4 L.F cross behind & R.F to the R, L.F to the L.
5&6 R.F cross behind & L.F to the L, R.F to the R.
&7&8 L.F cross behind R. (&), R.F to the R, & L.F cross behind R., RF to the R.

ROCK FWD, TRIPLE WITH L. ½ TURN, FULL TURN, & JUMPS

1-2 L.F FWD, recover
3&4 L. ½ turn ... L.F FWD & recover, L.F FWD
5-6 L. ½ turn ... R.F back, L. ½ turn ... L.F FWD (3h)
&7&8 R.F FWD (&), Together, R.F back (&), together (weight on L.)

Smile and ... Start again !!!

R.F : Right Foot L.F : Left Foot

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