

Caught In The Moonlight

COPPER KNOB
STEPPING SHEETS

拍數: 48 牆數: 2 級數: Improver
編舞者: Maria Hennings Hunt (UK) - July 2014
音樂: Caught In the Moonlight - Si Cranstoun



Intro: 16 counts – start on vocal

SIDE, BEHIND & CROSS, SIDE, LEFT SAILOR STEP, RIGHT SAILOR STEP

1-2 Step right foot (RF) to side, step left foot (LF) behind right
&3-4 Step RF to side, cross LF over RF, step RF to side
5&6 Step LF behind RF, rock RF out to side, recover weight LF
7&8 Step RF behind LF, rock LF out to side, recover weight on RF (12:00)

CROSS ROCK, CHASSE ¼ TURN LEFT, RIGHT TOE STRUT, LEFT TOE STRUT

1-2 Cross LF over RF, recover weight LF
3&4 Step LF to side, close RF to LF, step LF ¼ turn to left (9:00)
5-6 Step R toe fwd, drop weight onto RF
7-8 Step L toe fwd, drop weight onto LF

(Counts 5-8 can be replaced with 2 x ½ turning toe struts) (9:00)

RIGHT KICK BALL CHANGE, STEP ¼ TURN, CROSS, ¼ TURN, ¼ TURN, CROSS

1&2 Kick R leg forward, step back on RF, change weight to LF
3-4 Step forward on RF, pivot ¼ left, (weight on LF)
5-6 Cross RF over LF, turn ¼ R stepping back on LF
7-8 Turn ¼ R stepping RF to side, cross step LF over RF (12:00)

**** RESTART HERE WALLS 3 & 6 ****

SIDE ROCK, RIGHT SAILOR ¼ TURN, FORWARD ROCK & FORWARD ROCK

1-2 Rock RF to side, recover weight LF
3&4 Swing RF behind LF turning ¼ to R, rock LF out to side, recover RF (3:00)
5-6& Rock forward on LF, recover weight RF, step back on LF
7-8 Rock forward on RF, recover weight LF (3:00)

SHUFFLE ½ TURN, SHUFFLE ½ TURN, SHUFFLE ½ TURN, FORWARD ROCK

1&2 Turning ½ to R, step RF forward, close LF to RF, step RF forwards (9:00)
3&4 Turning ½ to R, step LF back, close RF to LF, step LF back (3:00)
5&6 Turning ½ to R, step RF forward, close LF to RF, step RF forwards (9:00)
7-8 Rock forward on LF, recover weight on RF (9:00)

***ALTERNATIVE COUNTS 3-6 FOR NON TURNERS: 2 X FORWARD SHUFFLES**

3&4 Step forward LF, close RF to LF, step LF forward (9:00)
5&6 Step forward on RF, close LF to RF, step RF forwards (9:00)

LEFT COASTER STEP, STEP ¼ TURN, RIGHT JAZZ BOX CROSS

1&2 Step LF back, close RF to LF, step LF forwards
3-4 Step RF forward, pivot ¼ turn L, recover weight on LF (6:00)
5-8 Cross RF over LF, step LF back, step RF to side, cross LF over RF (6:00)

Contact: www.steppingoutlinedancing.co.uk or 078 118 23467