

Go West A Little

拍數: 32 牆數: 4 級數: Beginner
編舞者: Carrie Ann Green (ES) - August 2014
音樂: Go West - Village People : (iTunes)



Alternative music : The Wurzels – Go West (fun version), Pet Shop Boys – Go West

Start on vocals

Section 1: Walk Forward R,L, Shuffle Fwd, Step ½ Turn, L Kick Ball Cross

1-2 Walk fwd R, Walk fwd L
3&4 Shuffle fwd R, (R,L,R)
5-6 Step L fwd pivot ½ turn R, (6.00)
7&8 Kick L Fwd, step on L Ball, Cross R over L

Section 2: Grapevine Left, Grapevine Right

1-2 Step L to L Side, step R behind L
3-4 Step L to L, touch right next to left
5-6 Step R to R Side, step L behind R
7-8 Step R to R, touch left next to right

Section 3: Walk Forward L,R, Shuffle Fwd, Step ¼ Turn, R Kick Ball Change

1-2 Walk fwd L, Walk fwd R
3&4 Shuffle fwd L (L,R,L)
5-6 Step R fwd pivot ¼ turn L, (3.00)
7&8 Kick R forward, step on R ball beside L, step L in place

Section 4: R Jazz Box, V Step

1-2 Cross right over left, Step back onto left
3-4 Step right to right side, Step forward onto left
5-6 Step R foot fwd & out, step L foot fwd & out (hip width apart)
7-8 Step R foot back in place, step L foot back in place (the last 4 counts having made a 'V' shape)

Optional arm movements on the V step –

Count 5 -raise right arm to right diagonal

Count 6 -raise left arm to left diagonal

Count 7 -bring right arm down to lay across body

Count 8 -bring left arm down and lay across right arm (hugging)

Start again & Enjoy !!

Last Update - 18th Aug 2014