

# All About That Bass

**COPPER KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Gail A. Dawson (USA) - July 2014  
音樂: All About That Bass - Meghan Trainor



## 32 count intro

### Modified Rumba Boxes

1-2      Right foot step to the right, left foot steps beside right  
3-4      Right foot steps forward, left foot taps beside right  
5-6      Left foot taps to the left, then beside right  
7-8      Hip roll (alternate move – another tap out and back) weight ends up on right

1-2      Left foot step to the left, right foot steps beside left  
3-4      Left foot steps back, right foot taps beside left  
5-6      Right foot taps to the right, then beside left  
7-8      Hip roll (alternate move – another tap out and back) weight ends up on left

### Vine

1-2      Right foot steps to the right, left crosses behind right  
3-4      Right foot steps to the right, left heel touches diagonally forward  
5-6      Left foot steps to the left, right foot crosses behind left  
7-8      Left foot steps to the left, right heel touches diagonally forward

### Toe Struts and Hip Rolls

1-2      Step forward on right toe, drop heel taking weight  
3-4      step forward on left toe, drop heel taking weight  
5-6      Hip roll 1/8th turn to the left (counter clockwise)  
7-8      Hip roll 1/8th turn to the left (counter clockwise)

### Start again

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