

It's A Heartache

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver - Lilt
編舞者: Christina Yang (KOR) - July 2014
音樂: It's a Heartache - Rod Stewart



SECTION 1: SYNCOPATED WEAVE STEP TO R, SIDE ROCK, RECOVER, SYNCOPATED WEAVE STEP TO L, SIDE ROCK

1-2& RF side, LF cross behind LF, RF side
3-4 LF cross over RF, RF side rock
5-6& LF recover, RF cross behind LF, LF side
7-8 RF cross over LF, LF side rock

SECTION 2: RECOVER, CROSS BEHIND, 1/4 TURN TO R WITH FORWARD, FORWARD, FORWARD, FORWARD KICK, BACKWARD, DIAGONAL BACK TOUCH

1-2& RF recover, LF cross behind RF, 1/4 turn to R with RF forward,
3-4 LF forward, RF forward
5-8 LF forward, RF forward kick, RF backward, LF diagonal backward touch

SECTION 3: FORWARD, FORWARD KICK, BACKWARD, DIAGONAL BACK TOUCH, SYNCOPATED JAZZ BOX CROSS, SIDE STEP

1-4 LF forward, RF forward kick, RF backward, LF diagonal backward touch
5-6& LF cross over RF, RF backward, LF side
7-8 RF cross over LF, LF side step

SECTION 4: SIDE CHASSE TO R, BACK ROCK, RECOVER, SIDE CHASSE TO L, BACK ROCK, RECOVER

1&2 RF side, LF closed RF, RF side
3-4 LF backward rock, RF recover
5&6 LF side, RF closed LF, LF side
7-8 RF backward rock, LF recover

RESTARTS: On the 4th, 5th, 9th, 10th walls, you should dance until 24 counts and start again

Contact - E-mail: chrisjj0618@yhao.com - <http://www.youtube.com/user/thetrianglelinedance>