

# Remedy

**COPPER** **NOB**  
BY STEPHEN M. T. S.

拍數: 48      牆數: 4      級數: Improver  
編舞者: Shirley Selvasingam (MY) - July 2014  
音樂: Remedy - Jaclyn Victor



---

## Start after 32 counts (on the word 'amiss')

- 1-2-3-4      Step R to right, step L behind R, step R with a ½ turn right, step L  
5-6-7-8      Step R to right, step L over R, step R with a ½ turn left, step L (12)
- 1-2-3-4      Rocking chair diagonal left R-L-R-L (10.30)  
5-6-7-8      Step R next to L, hold, swivel to face right diagonal (1.30)
- 1-2-3-4      Rocking chair diagonal right L-R-L-R (1.30)  
5-6-7-8      Walk diagonally forward L-R-L. Turn ½ right with right leg flick forward (7.30)
- 1-2-3-4      Walk forward R-L-R-L (7.30)  
5-6-7&8      Cross R over L, step L, 1/8 turn right, shuffle forward R-L-R (9)
- 1-2-3&4      Step L forward, rock back R, turn ½ left shuffle forward L-R-L (3)  
5-6-7-8      Cross R over L, recover L, cross R over L, ronde L over R
- 1-2-3-4      Step L over R, flick R behind L, step R to right, cross L behind R  
5-6-7-8      Recover R, step L next to R, step R behind L, recover L

Contact: [rajahoon@gmail.com](mailto:rajahoon@gmail.com)

---