

It's 2 Easy (P)

拍數: 32 牆數: 0 級數: Beginner / Improver Partner
編舞者: Gerry Frazer - July 2014
音樂: Every Little Thing - Jennifer Nettles



Derived from: "It's Easy" line dance choreographed by Bob Rosenkrans

Both partners can use men's footwork for true beginner-level dancing, or add lady's turns as described below for more experienced partners.

Start with couple facing LOD in standard position (man on left, lady on right, left hands joined with lady's left arm outstretched in front of man's chest, right hands joined in front of lady's right shoulder).

[1-8] WALK THREE STEPS AND KICK, BACK THREE STEPS AND TOUCH

1-2 Step right forward, step left forward
3-4 Step right forward, kick left forward
5-6 Step left back, step right back
7-8 Step left back, touch right beside left (still facing LOD)

[9-16] MEN: VINE RIGHT AND TOUCH, WALK, WALK, TURN 1/4 RIGHT, TOUCH

1-2 Step right to side, step left behind right
3-4 Step right to side, touch left beside right
5-6 Step left forward, step right forward
7-8 Turn 1/4 right and step left to side, touch right beside left (OLOD)

Hands: On count 1, drop left hands, joined right hands pass over lady's head on counts 2-3. Momentarily rejoin left hands on count 4.

Drop left hands on count 5, joined right hands pass over lady's head on count 6, rejoin left hands and position hands at lady's shoulder level on count 8.

[9-16] LADIES: TURNING VINE RIGHT, TOUCH, WALK FORWARD, TURN 1/2 LEFT, TURN 1/4 LEFT, TOUCH

1-2 Turn 1/4 right and step right forward, turn 1/2 right and step left back
3-4 Turn 1/4 right and step right to side, touch left beside right (LOD)
5-6 Step left forward, turn 1/2 left and step right back
7-8 Turn 1/4 left and step left to side, touch right beside left (OLOD)

[17-24] SIDE, TOGETHER, HEEL SPLITS, SIDE, TOGETHER, HEEL SPLITS

1-2 Step right to side, step left next to right
3-4 Heels apart, heels together
5-6 Step left to side, step right beside left
7-8 Heels apart, heels together (OLOD)

[25-28] HIP BUMPS RIGHT, HIP BUMPS LEFT

1&2 Step right slightly to side and bump hips right, left, right
3&4 Bump hips left, right, left (OLOD)

[29-32] MEN: TURN 1/4 LEFT, WALK THREE SMALL STEPS

5-6 Turn 1/4 left and step right in place, step left forward
7-8 Step right forward, step left forward (LOD)

Hands: Drop left hands and raise right hands on count 5, joined hands pass over lady's head on count 7, rejoin left hands after count 8.

[29-32] LADIES: TURN 1/4 LEFT, FULL TURN LEFT IN THREE STEPS

5-6 Turn 1/4 left and step right in place, step left forward as you begin turn to left.
7-8 Turn 1/2 left and step back on right, turn 1/2 left and step left forward (LOD)

REPEAT

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