

All Bass No Treble

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Jonno Liberman (USA) & Alix Liberman (USA) - July 2014
音樂: All About That Bass - Meghan Trainor



Dance begins after 32 counts. - No Tags - No Restarts

[1-8] Touch, Step, Touch, Step, Jazz Box (12:00)

1, 2 Touch R toe forward, Step R forward
3, 4 Touch L tow forward, Step L forward
5, 6 Cross R over L, Step L back
7, 8 Step R to right side, Step L forward

[9-16] ¼ Pivot L w/Hip Roll, L Hip Bump 2x, Step R, L Touch , Step L, R Touch (9:00)

1-2 Step R forward and pivot ¼ to the left with a counter clockwise hip roll (9:00)
3&4 Bump hip to the left two times
5, 6 Step R to the right side, Touch L together
7, 8 Step L to the left side, Touch R together

[17-24] R Side Shuffle, Rock, Recover, Shuffle ¼ L, Rock, Recover (6:00)

1&2 Step R to right side, Step L together, Step R to right side
3, 4 Rock L behind R , Recover weight onto R
5&6 Step L ¼ turn to the left (6:00), Step R together, Step L forward
7, 8 Rock R forward, Recover weight onto L

[25-32] Back ¼ R, L Touch In, L Touch Out, L Touch In; L ¼ L, Hitch R ¼ L, Side Rock, Recover (3:00)

1, 2 Step R back as you turn ¼ to the right (9:00), Touch L together
3, 4 Touch L out to the left side, Touch L together
5, 6 Step L ¼ to the left (6:00), Hitch R as you turn ¼ to the left (3:00)
7, 8 Rock R to the right side, Recover weight onto L

Dance Your Yaaas Off
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