

Red Yellow And Green

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Derek Robinson (UK) - July 2014
音樂: The Red, Yellow and Green - Derek Ryan : (CD: A Mothers Son. - iTunes)



Choreographed at 75 bpm.

16 count intro. *Restarts on walls 4 and 8.

Sec 1: □ CROSS ROCK SIDE x 2, ACROSS, ¼ TURN, STEP BACK, COASTER STEP.

1&2 Cross rock left over right, recover onto right, long step left to left side dragging right toe.
3&4 Cross rock right over left, recover onto left, long step right to right side dragging left toe.
5&6 Cross left over right, turn ¼ left stepping back on right, step back on left. (9.00)
7&8 Step back on right, step left beside right, step forward on right.

Sec 2: □ PIVOT ½ TURN, FORWARD ROCK, ½ TURN, LEFT LOCK STEP, &, RIGHT LOCK STEP, □ STEP FORWARD.

1&2 Step forward on left, pivot ½ turn right, step forward on left. (3.00)
3&4 Rock forward on right, recover onto left, make ½ turn right stepping right foot forward. (9.00)
* (Restart here on wall 4 facing 9.00 for Restart, and wall 8 facing 12.00 for Restart.)
5&6 Step diagonally forward on left, lock right behind left, step diagonally forward on left.
&7& Step diagonally forward on right, lock left behind right, step diagonally forward on right.
8 Step forward on left.

Sec 3: □ WEAVE LEFT, CROSS ROCK, ¼ TURN, ACROSS, BACK, BACK, x 2.

1&2& Cross right over left, step left to left side, cross right behind left, step left to left side.
3&4 Cross rock right over left, recover onto left, turn ¼ right stepping forward on right. (12.00)
5&6 Cross left over right, step diagonally back on right, step diagonally back on left.
7&8 Cross right over left, step diagonally back on left, step diagonally back on right.

Sec 4: □ CROSS, SIDE, BACK, CROSS, SIDE, BACK, CROSS, SWAY, RECOVER, SAILOR ¼ TURN.

1&2& Cross left over right, step right to right side, step back on left, cross right over left.
3&4 Step left to left side, step back on right, cross left over right.
5-6 Step right to right side swaying hips right, recover weight onto left.
7&8 Make ¼ turn right crossing right behind left, step left to left side, step right in place. (3.00)

(Alternative for 7&8 - Make ¼ turn right and triple full turn, stepping R L R.)

Begin again.

Ending: □ Slow down with the music near the end of the dance and replace counts 31&32 (Sailor ¼ turn) with a Sailor step in place to finish facing the front.

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