One People, One Nation, One Singapore



編舞者: Seok Wai (SG) - July 2014

音樂: 'One People One Nation One Singapore' by NDP Theme Song



** 9th August 2014 - Happy National Day Singapore! **

Intro- 0.24mins (start dance just before main vocals)

(Note: see video demo for styling)

SIDE R, TOUCH L, SIDE L, TOUCH R, R TOE STRUT, L TOE STRUT

Styling: 1234 - Hold hands with dancing friends = Unity is Strength

5 6 - snap fingers – 78 cross arms = Unity is Strength

1-2 Step R to R side, touch L beside R
3-4 Step L to L side, touch R beside L
5-6 Touch R forward, step R down
7-8 Touch L forward, step L down

R SIDE CHA CHA, BACK ROCK, L SIDE CHA CHA, BACK ROCK

Styling: 1&2 Swing arms (anti-clockwise) 5&6 (clockwise) = Happiness

1&2 Step R to R side, step L beside R, step R to R side

3-4 Rock L behind R, recover on R

5&6 Step L to L side, step R beside L, step L to L side

7-8 Rock R behind L, recover on L

SIDE R, HOLD, SIDE L, HOLD, R TWINKLE, L TWINKLE

Styling:-

1 2- Fold arms (Raffles Statue-pose)

3 4 - Point R index finger upwards, L arm on hip (No 1 –Pose)

5 6 7 8 - Twinkle Dance steps =Twinkle Twinkle Little Stars = We All Shine Like Little Stars

5 6 - R arm forward , L arm up - 7 8 L arm forward, R arm up

1-2 Step R to R side, hold 1 count3-4 Step L to L side, hold 1 count

Step R over L, step L to L side, step R in placeStep L over R, step R to R side, step L in place

JAZZ BOX 1/2 R, WALK R-L-R-L

Styling: 5 6 7 8 Wave both arms in the air = Happiness

1-2 Step R over L, ¼ R step L back
3-4 ¼ R step R forward, step L forward
5-6 Step R forward, step L forward
7-8 Step R forward, step L forward

Tag: *After wall 1, 2 and 3, do following 2 counts

1-2 Touch R beside L, hold 1 count

(Styling: Army - Hand Salute - Yes, Sir - Pose - place the tip of the right forefinger (palm facing down) to the forehead near and slightly to the right of the right eyebrow)

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