

# Heat Wave

拍數: 80      牆數: 4      級數: Low Intermediate - Motown fun  
編舞者: Carl Sullivan (AUS) - July 2014  
音樂: Heatwave - Aaradhna : (Album: Sweet Soul Music - iTunes)



Intro – 16 counts - Styling 1960s Motown - 1 Restart  
Pattern: □ Each Sequence Turns ¼ Right

[1-3 moves to R diagonal –with both arms at 90 degs swinging fwd, back, fwd]

- 1-2-3      Step R fwd on diagonal, Step L beside R, Step R fwd  
4      Hitch L knee slightly to turn to L diagonal  
5-6      Step L fwd on L diagonal, Touch R beside with clap  
7-8      Turn to R diagonal & Step R fwd on diagonal, Touch L beside with clap
- 1-8      Turn to L diagonal and repeat above 8 counts leading with L foot
- 1-2      Step R back on slight angle to R, Touch L toe beside R - both arms swing to R  
3-4      Step L back on slightly angle to L, Touch R toe beside L – both arms swing to L  
5-8      Repeat above 4 counts
- 1-2      Step R to R, Touch L toe just behind R – R arm swings up  
3-4      Step L to L, Touch R toe cross-behind L – R arm swings down & across to L  
5-8      Repeat above 4 counts. Bend knees on touches
- 1-4      Step R to R, Step L behind R, ¼ R & Step R fwd, Step L to L □ □ 3:00  
5-8      Swivel both heels L, Swivel both toes L, Swivel both heels L, Hold
- 1-2      Step R to R, Touch L toe just behind R – R arm swings out to R  
3-4      Step L to L, Touch R toe cross-behind L – R arm swings down & across to L and look to L, keep knees bent  
5-8      Repeat above 4 counts
- 1-2      Step R to R, Touch L beside R – R hand wipes sweat off brow (palm is down)  
3-4      Step L to L, Touch R beside L – L hand wipes sweat off brow (palm is down)  
5-8      Turn ¾ R turn keeping turn tight stepping R, L, R, Hold □ □ □ 12:00
- 1-8      Repeat above 8 counts on L side leading with L foot & L hand □ □ 3:00
- 1-8      Using toe heel struts - Step R across L, Step L back, Step R to R, Step L fwd while both arms swing R, L, R, L
- 1-8      Vine R (R, L, R) Scuff L fwd, Vine L (L, R, L), Touch R beside L

[80] □ □ Restart: On the 3rd Sequence leave off the last 16 counts & restart